

February Remote 2021



This year, there is such a thing as
FREE LUNCH
 and breakfast! #eatwellk12 For all students



Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Broccoli Alfredo 1 Yogurt Parfait Platter with Fresh Strawberries V Served with Fresh Strawberries, Fresh Broccoli and Milk Mozzarella sticks with Marinara 8 Bagel, Fresh Melon and Cheese Power Pack V Served with Fresh Melon Cup, Broccoli and Milk Tyson Chicken Nuggets 22 Yogurt Parfait Platter with Fresh Strawberries V Served with Fresh Strawberries, Fresh Broccoli and Milk	Sheppard's Pie 2 Turkey and Cheese Sandwich with Lettuce and Tomato and Bean Salad LG Sunbutter and Jelly Sandwich V Served with Apple, Bean Salad and Milk Breakfast for Lunch with Sausage, Egg and Pancakes 9 Ham and Cheese Rollups, Veggie Pasta Salad, Peaches LG Sunbutter and Jelly Sandwich V Served with Apple, Baby Carrots and Milk Sweet and Sour Chicken Over Rice 16 Italian Sandwich with Lettuce and Tomato and Bean Salad LG Sunbutter and Jelly Sandwich V Served with Apple, Bean Salad and Milk Tyson Crispy Chicken Sandwich on a Whole Grain Bun 23 Ham and Cheese Rollups, Veggie Pasta Salad, Peaches LG Sunbutter and Jelly Sandwich V Served with Apple, Baby Carrots and Milk	Baked Ziti V 3 Tuna Salad Platter with Lettuce and Tomato V LG Served with Pear, Cucumber Slices and Milk Tyson Crispy Chicken Sandwich on a Whole Grain Bun 10 Tuna Salad Platter with Lettuce and Tomato V LG Served with Pear, Cucumber Slices and Milk Locally Sourced Spicy Fish Sandwich with Remoulade Sauce 17 Hummus, Flatbread, Fresh Cauliflower, Broccoli and Carrots V for Dipping Served with Pear, Cucumber Slices and Milk HARVEST OF THE MONTH Butternut Squash Macaroni and Cheese V 24 Hummus, Flatbread, Fresh Cauliflower, Broccoli and Carrots for Dipping V Served with Snap Peas, Apple and Milk	Soy-Ginger Chicken Stir-Fry 4 Pizza Platter with Pepperoni and Fresh Red Pepper Strips Sunbutter and Jelly Sandwich V Served with Orange, Fresh Snap Peas and Milk Beef Taco Bowl with Kickin Beans and Corn 11 Chicken Salad Platter with Lettuce and Tomato LG Served with Orange, Fresh Green Beans and Milk Tyson Chicken Parmesan with Pasta 18 Pepperoni and Cheese Platter with Orange Slices Sunbutter and Jelly Sandwich V Served with Orange, Fresh Snap Peas and Milk Chicken Philly Sub 25 Pizza Platter with Pepperoni and Fresh Red Pepper Strips Sunbutter and Jelly Sandwich V Served with Orange, Fresh Red Pepper Strips and Milk	Game Day Chicken Wings 5 Chicken Taco Bowl with Kickin Beans and Corn Greek Salad with Hummus V LG Served with Milk, Apple, Orange, Pear, Side Salad LG Buffalo Chicken Mac and Cheese, Spaghetti with Meatballs Chicken and Broccoli Stir-Fry Beet Hummus Platter V Make Your Own Chocolate Covered Strawberries Served with Milk, Apple, Orange, Pear, Side Salad LG Spicy Chicken Flatbread Pizza Steak and Cheese Sub 19 Chicken Caesar Salad LG Sunbutter and Jelly Sandwich V Served with Milk, Apple, Orange, Pear, Side Salad LG Turkey Pot Pie with Biscuit and a Berry Compote V 26 Pizza Crunchers Tyson Crispy Chicken Ranch Salad with Flatbread LG Served with Milk, Apple, Orange, Pear, Side Salad LG
Closed for Presidents Day Service Tuesday – Friday at STEM Academy 11am-1pm				

Additional menu selections will be added throughout the school year. Our focus is to provide safe, healthy and nutritious meals during these unprecedented times. Stay tuned for addition of meal selection for all students. **Menus are subject to change and will be posted when available**

Sun Butter & Jelly Offered Daily

Fresh Fruit offered daily
 Milk: 1% White

All students eat at no cost!

Menus are subject to change

Food & Nutrition Office: 978-674-2049

LG Locally Grown

V Vegetarian