



This year, there is such a thing as
FREE LUNCH For all students
 and breakfast! #eatwellk12

aramark



March Remote 2021

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Broccoli and Ziti 1 Bagel, Yogurt, Fresh Melon and Cheese Power Pack V Served with Fresh Melon Cup, Broccoli and Milk Mozzarella sticks with Marinara 8 Yogurt Parfait Platter with Fresh Strawberries V Served with Fresh Strawberries, Steak and Cheese Sub 15 Bagel, Fresh Melon and Cheese Power Pack V Served with Fresh Melon Cup, Broccoli and Milk Teriyaki Chicken Noodle Bowl with Fresh Green Beans 22 Yogurt Parfait Platter with Fresh Strawberries V Served with Fresh Strawberries, Crispy Chicken Tenders and Tator Tots 29 Yogurt Parfait Platter with apple slices V Served with Apple Slices,	Tyson Chicken Nuggets 2 Turkey and Cheese Sandwich with Lettuce and Tomato and Bean Salad LG Sunbutter and Jelly Sandwich V Served with Apple, Bean Salad and Milk Breakfast for Lunch with Sausage, Egg and Bagel 9 Ham and Cheese Rollups, Veggie Pasta Salad, Peaches LG Sunbutter and Jelly Sandwich V Served with Apple, Baby Carrots and Milk Sheppard's Pie 16 Italian Sandwich with Lettuce and Tomato and Bean Salad LG Sunbutter and Jelly Sandwich V Served with Apple, Bean Salad and Milk Tyson Crispy Chicken Sandwich on a Whole Grain Bun 23 Ham and Cheese Rollups, Veggie Pasta Salad, Peaches LG Sunbutter and Jelly Sandwich V Served with Apple, Baby Carrots and Milk Chicken Fajita with Rice 30 Turkey and Cheese Wrap with Lettuce and Tomato and Bean Salad LG Sunbutter and Jelly Sandwich V Served with Apple, Bean Salad and Milk	Beef Chili Macaroni 3 Tuna Salad Platter with Lettuce and Tomato V LG Served with Pear, Cucumber Slices and Milk Tyson Crispy Chicken Sandwich on a Whole Grain Bun 10 Hummus, Flatbread, Fresh Cauliflower, Broccoli and Carrots for Dipping. V Served with Pear, Cucumber Slices and Milk Harvest of the Month DAIRY Potato Cheddar Chowder V 17 Tuna Salad Platter with Lettuce and Tomato V LG Served with Pear, Cucumber Slices and Milk Sweet and Sour Chicken Over Rice 24 Hummus, Flatbread, Fresh Cauliflower, Broccoli and Carrots for Dipping. V Served with Snap Peas, Apple and Milk Cheeseburger on a Whole Grain Bun 31 Tuna Salad Platter with Lettuce and Tomato V LG Served with Pear, Cucumber Slices and Milk	Soy-Ginger Chicken Stir-Fry 4 Chicken Salad Platter with Lettuce and Tomato LG Sunbutter and Jelly Sandwich V Served with Orange, Fresh Snap Peas and Milk Spaghetti with Meat Sauce 11 Chicken Taco Platter with Kickin Bean and Corn Salsa Sunbutter and Jelly Sandwich V Served with Orange, Fresh Green Beans and Milk Tyson Chicken Parmesan with Pasta 18 Pepperoni and Cheese Platter with Orange Slices Sunbutter and Jelly Sandwich V Served with Orange, Fresh Snap Peas and Milk Beef Taco Bowl with Kickin Beans and Corn 25 Pizza Platter with Pepperoni and Fresh Red Pepper Strips Sunbutter and Jelly Sandwich V Served with Orange, Fresh Red Pepper Strips and Milk	Chicken Cacciatore 5 Chicken Taco Bowl with Kickin Beans and Corn Greek Salad with Hummus V LG Served with Milk, Apple, Orange, Pear, Side Salad LG Mac and Cheese V 12 Chicken Philly Sub Chicken Caesar Salad LG Served with Milk, Apple, Orange, Pear, Side Salad Spicy Chicken Flatbread Pizza 19 Butternut Squash Macaroni and Cheese V Chicken Taco Salad LG Served with Milk, Apple, Orange, Pear, Side Salad LG Turkey Pot Pie with Biscuit and a Berry Compote 26 Pasta with Meat Sauce Crispy Chicken Ranch Salad with Flatbread LG Sunbutter and Jelly Sandwich V Served with Milk, Apple, Orange, Pear, Side Salad LG

Additional menu selections will be added throughout the school year. Our focus is to provide safe, healthy and nutritious meals during these unprecedented times. Stay tuned for addition of meal selection for all students. **Menus are subject to change and will be posted when available**

Sun Butter & Jelly Offered Daily

Fresh Fruit offered daily
 Milk: 1% White

All students eat at no cost!

Menus are subject to change

Food & Nutrition Office: 978-674-2049

LG Locally Grown

V Vegetarian