



Mental Health Resources

Suicide Prevention:

- [Vinfen Community Behavioral Health Center](#) (Mobile Crisis Intervention)
866-388-2242 or 978-674-6744
- Lowell Police:
978-937-3200 or 911
- National Suicide Prevention Lifeline: 988
or 1-800-273-TALK (8255)
- Samaritan Statewide Hotline:
877-870-4673
- [The Trevor Project](#): (LGBTQ)
1-866-488-7386 (suicide prevention/crisis)

Domestic Violence

- Lowell Police Department, Family Services Unit:
978-674-4502
- [Alternative House](#): 978-937-3200 or 888-291-6228
- Statewide Hotline SafeLink:
888-785-2020
- [Jeanne Geiger Crisis Center](#)
978-388-1888
- [MAPS: Mass Alliance for Portuguese Speakers](#)
(617) 864-7600

Sexual Violence

- [Center for Hope and Healing](#):
800-542-5212

Mental Health Support

- Mental Health Crisis Text Line: Text "HOME" to 741-741 or call 1-877-382-1609
- The National Alliance on Mental Illness (NAMI): Treatment provider locator: 1-617-704-NAMI,
- Nami information helpline: 1-800-950-NAMI (Provides free referral information and support)

Issue Specific Hotlines

- Trans Mental Health Lifeline:
1-877-565-8860
- Gay & Lesbian Crisis Hotline:
1-888-843-4564
- Alcoholics Anonymous:
1-888-GET-HOPE (438-4673)
- Gamblers Anonymous:
1-855-222-5542
- Narcotics Anonymous:
1-800-543-4670
- [Drug-Free Greater Lowell](#)
978-382-4989
- Parent Stress:
800-623-8188

Behavioral Health/Counseling coordination

- [CareSolace](#):
888-515-0595
- [Massachusetts Behavioral Health Hotline](#):
833-773-2445
- [Child Trauma Training Center UMass Medical School](#):
774-455-4217

Local Counseling Agencies

- [Arbour Counseling Services](#)
855-575-2273 (CARE)
- [Bridgewell Counseling Services, Lowell](#)
978-459-0389
- [Center for Family Development](#)
978-459-2306
- [Family Associates of Merrimack Valley](#)
978-256-1467
- [Family Continuity, Lawrence](#)
866-219-3320
- [Greater Lowell Psychiatric Associates, LLC](#) 978-291-6978
- [Metta Health Center-LCHC](#)
978-937-9700
- [South Bay Community Services-Lowell](#)
508-427-5362
- [Vinfen Behavioral Health-Lowell](#)
978-674-6744