



# *At Home Learning Resources*

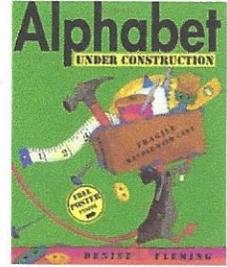
## **PreKindergarten - Week 6**

**Grab and Go Meals**  
*Available for Lowell Public Schools Students  
on Weekdays While School is Closed*

Butler (12:45 - 1:30pm) 1140 Gorham St.	Murkland (12:45 - 1:15pm) 350 Adams St.
Greenhalge (10:30 - 11:15am) 149 Ennell St.	Pawtucketville (12 - 12:30pm) 425 West Meadow Rd.
Lincoln (1:30 - 2pm) 300 Chelmsford St.	Robinson (11:30 - 11:45am) 110 June St.
Moody (12 - 12:30pm) 158 Rogers St.	STEM Academy (10:30am - 1pm) 43 Highland St. <i>Meal service at South St. entrance</i>
<b>NEW:</b> Morey (12 - 12:30pm) 130 Pine St.	<b>NEW:</b> Stoklosa (11 - 11:30am) 560 Broadway St.
<b>NEW:</b> Westminster Village Apartments (12.45 - 1:15pm) 1307 Pawtucket Blvd.	

When you pick up that day's lunch, you can also pick up breakfast for the next morning.

These are activities for children and their families to promote early learning at home.



**Alphabet Under Construction By: Denise Fleming**

**English Read aloud:** <https://youtu.be/frF0SAyLpJU>

**Spanish Read aloud:** <https://youtu.be/frF0SAyLpJU>

## Fine Motor

**Homemade construction set:** Take heavy duty card board (cut up old boxes) and cut into squares. Then along the edges or at the corners cut some “v” shaped slits. See picture. Put pieces on the floor or table. Let them use their imagination to create. Discuss what they are building. Talk with child about how they thought of that idea? Have fun!

\*\*Try cutting some circular pieces or any other shapes you think might work.

**Building with straws and playdough:** If you have straws and playdough you can create structures, alphabet letters etc. Use the play dough as glue to hold the straws together. See playdough recipe: <https://www.youtube.com/watch?v=C2ytbSa3mPg>

**Pasta and playdough** -If you have pasta with large holes on the ends (i.e. rigatoni) you can put straws into the play dough standing up (vertically) and let your little one add pasta to the straw. Count with them to see how many pieces of pasta they put on each straw. Ask questions: “Do you know how many we just counted?”, “Can you tell me how many are on ‘this’ straw (using a different straw)?” Which straw do you think has more noodles on it? **Instead of pasta** - Put a pencil in playdough, cut up straws into small pieces and thread it onto the pencil.

**Ball Run:** If you have a shoe box lid, tape straws onto it. Using a small ball have the kids place it at the top of the lid and try and roll the lid back and forth to let the ball pass through. See picture.

## Language and Literacy

**Playdough** - Use the recipe below to make playdough with your child. Read the recipe out loud to your children and point to the numbers as you read it. Have your child help you measure out the ingredients and pour in a bowl. Share stories with your child around your families’ favorite recipe. Encourage child to write his/her own recipe and illustrate it with a picture.

### Play Dough Recipe:

4 cups flour  
1 cup warm water  
2 Tablespoons Oil  
1 ½ cups Table Salt  
Food Coloring

### Directions:

1. Mix flour and salt together in a bowl
2. Add warm water, oil, and food coloring
3. Mix well. Add a little flour on a kitchen counter
4. Knead (roll it around and mix it together) in the flour
5. It should come together nicely if it is crumbly add a small amount of oil or water to it a teaspoonful at a time.

\*\*You can also make more than 1 color by using 4 small bowls.

Add ½ tablespoon of oil to each bowl and add dry ingredients to each

**Lego/Block alphabet:** Draw a capital letter on a piece of paper. Put together a few legos or other type blocks and using a washable marker write the same letter on the blocks. Deconstruct the blocks (take them apart) and see if your child can build (construct) it to look the same as the letter you wrote on paper. See picture. Alternative: use legos or other types of linking blocks to match- tape on upper and lower case letters.

**Alphabet search:** If you have plastic or magnetic alphabet letters you could put them in a container with or without water/shredded paper etc. and have your child scoop out a letter. You could model for the child how to play the letter sound game. E.g. “This is a B, ba, Ball starts with the letter B” and ask your child to take a turn doing the same. Remember preschool develop at various rates so some children will only focus on letter name, other letter naming and initial sound. While other can focus on letter name, sound, and generating a word with the same initial sound.

\*\*You could also create your own letters using whatever materials you might have at home (pipe cleaners, paper, wrapping paper, playdough etc). Go on an Alphabet Hunt in one of the rooms of your home. Review the letters prior to searching for them. On the left hand side of piece a paper print each letter of the alphabet record items found in each room that start with that letter. Or play I Spy in each room in the house. E.g “I spy something that begins with A ah ah – Apple.

#### **Alphabet deconstruction using ice:**

1. Using small alphabet letters and an ice cube tray, put 1 letter in each spot in the tray.
2. Freeze the tray
3. Once frozen pop alphabet ice blocks out onto a cookie sheet.
4. Have your child stack them and build with them.
5. They can use an old medicine droppers or turkey basters with warm water to deconstruct (melt) their blocks.

## **Gross Motor Skills**

### **Construct a ring toss game**

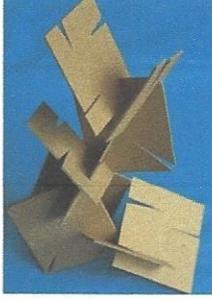
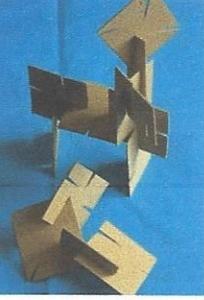
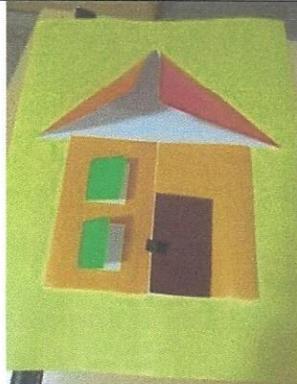
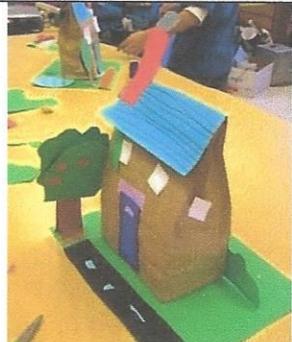
Materials needed- six or more paper plates, paper towel tubes, crayons, paint, and scissors.

Directions:

1. If you have inexpensive white paper plates have your child color or paint them.
2. Cut out the centers. These will be the rings.
3. Take a paper towel tube and draw the size of the opening onto the middle of a paper plate.
4. Have an adult cut out the circle to create a hole.
5. Put the paper towel tube into the hole so it fits snugly. This will be the stand. You may need to put something heavy onto the stand to weight it down or trace and cut holes into a shoe box instead of the weighted plate for the stand.
6. Place on a flat surface. Have fun throwing the rings. Discuss how many each player is able to toss on? See if you can count or keep a tally for every time someone is able to ring the tube. Count and compare tally marks.

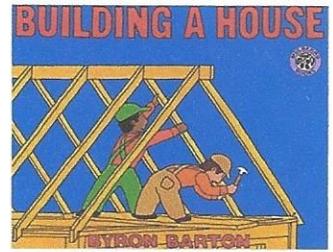
### **Jack Hartman Animal Alphabet & Movement:**

<https://www.youtube.com/watch?v=GG44px1LfHc>

<p><b>Eye Hand Coordination</b></p> <p><b>Concentration</b></p> <p><b>Fine Motor</b></p>			
<p><b>Creativity</b></p> <p><b>Imagination</b></p> <p><b>Fine Motor</b></p> <p><b>Scissor Practice</b></p>			
<p><b>Gross Motor</b></p> <p><b>Fine Motor</b></p> <p><b>Language</b></p>			
<p><b>Creative Arts</b></p>			

## Extension Sheet to go with Building a House

By: Byron Barton



**Build a House English** <https://youtu.be/56gpS35myDY>

**Build a House Spanish** <https://youtu.be/8kzglPF6q-s>

Explore through movement and play -Why it is so important?

<https://boston.thebasics.org/en/the-basics/explore-through-movement-and-play/>

**Planning and organizing** – Did you know that when your child is building with blocks he or she is developing foundational skills important to later learning. Block play builds gross, fine, and visual motor skills. Preschool children should be encouraged to develop and carry out a plan for their building. You can promote this through conversation.

**Problem Solving:** How can I build a ...

**Self-Expression:** Look what I made ....

**Promotes Creativity:** It's a ... or tell me about your building

**Foster Self Esteem:** Praise them / Great job

**Social Emotional:** Can you and your sibling, parent, or grandparents building together? I wonder how you can collaboratively establish a plan, cooperation, turn taking and sharing.

### General Knowledge and Language

#### Play a game of "things that go together"

In the story there were tools to build a house – hammer /saw/trowel

Parts of a house – walls /roof/pipes

People that build a house - Brick layers/plumbers/electrician

OR

Who needs bricks to build a house–

Who needs lumber to build a house –

What tools do you think are need to wire, build, or plumb a house?

Some other ideas: Think of things that go together such as brush/comb, soap/wash cloth, fork /spoon, plate/cup. Have your child tell you about each item, what it is used for, and why items go together.

Watch Sesame Street- one of these "things" videos:

<https://www.youtube.com/watch?v=rsRjQDrDnY8>

Build your neighborhood – use boxes to make a model of your street. Children can use make paper dolls of people and your neighborhood.



**Gross Motor:** Build with blocks, boxes, yogurt container, or cereal boxes. If children create something and want to save their building, they can glue and tape boxes and containers together. If children choose to reuse materials, encourage them to draw a picture of their plan and write directions out so that you can recreate structure in the future. Younger children will enjoy building and knocking down structures with a ball or a car. If you do not have any of these items, you could use plastic or paper cups.

Talk with your child about their buildings. Use language to describe what they are building and how they are building it (on top, next to, under). How many “pieces” they use to build or describe the shape of their building. Ask children to tell you about their building? Try to have three or four back and forth conversations around the building. Wow, I see you built a tall building. Can you tell me about it? How did you decided what you wanted to build? Think of curious questions to extend the conversation.

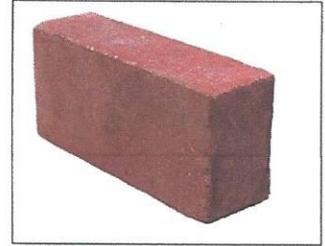
**Sensory ideas:** Have children tear paper into a bin and add different textures to it (old magazines, cut up empty toilet paper tubes in rings, empty containers, cut up yarn/ribbon and put small scoops in the bin. Let them play and dig.

If you have old playdough, put it in a bowl, deep pot or bin add water and let the kids squish it, pound it, use a potato masher and mash it.

Add a little soap and water to a bin and let the children wash the Legos or other plastic blocks.

## This is the Way We Build a House

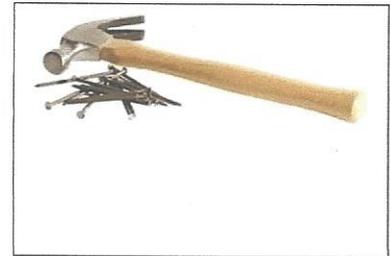
This is the way we lay the bricks, to  
make the walls nice and thick.  
This is the way we lay the bricks, all day  
long.



This is the way we saw the wood, strong  
and good, strong and good. This is the  
way we saw the wood, all day long.

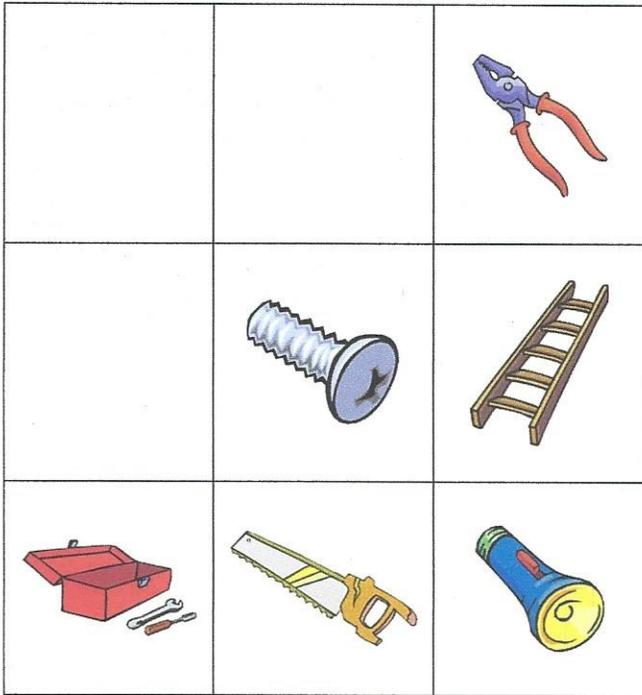


This is the way we hammer and nail,  
hammer and nail, hammer and nail. This is  
the way we hammer and nail, all day long.



This is the way we clean the glass, Clean the  
glass, very fast.  
This is the way we clean the glass, All day  
long. All day long!

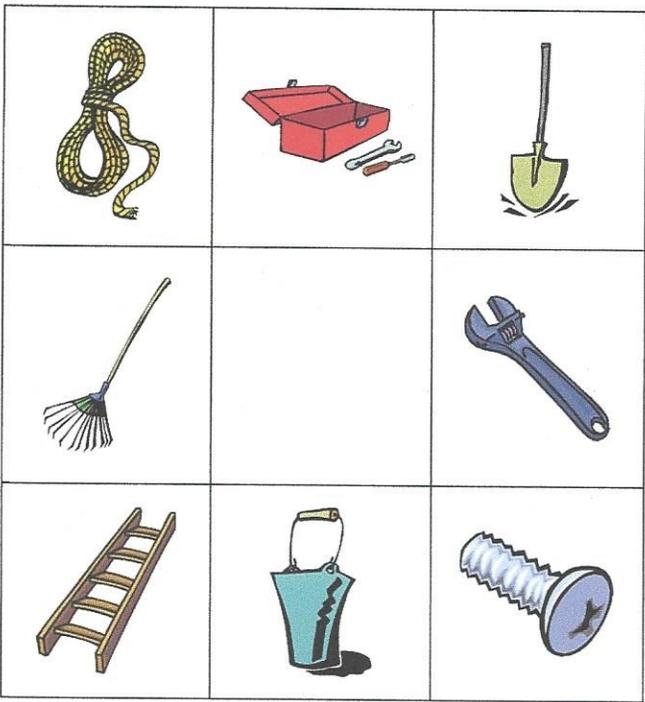




### Tool Bingo

Print two sets of cards.  
 Cut one set out and use as calling cards  
 Cut others out as cards – give one to each player

Place calling cards in paper bag or basket  
 Cut others out as cards  
 Play like BINGO -



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