# CAVINAL SCHOOL

# The Lion's Roar

### McAvinnue's Community Newsletter: Week Of April 29th

#### Hello McAvinnue Community!

I hope that you had a chance to get outside this weekend to enjoy the improved weather we are having! It was so great the chillier and windy weather conditions have changed for the better. Things look to improve this upcoming week with rain predicted only in the middle of the week...and mild temperatures on most days. Please keep in mind that your child we will get outside for recess daily as much as possible. It is important to dress in layers are the morning



temperatures can be cooler than how things turn out by the middle of the day. Thank you for your support with this!

We completed another fun-filled week at McAvinnue...and had a great time returning from Spring Break focusing on our school pride with McAvinnue's "Spring Spirit Week"! Our students and faculty had an awesome time participating in the daily themes...you can check out the fun we had in the pictures below!

The month of May will have multiple things occuring from Teacher Appreciation Day, multiple field trips, McAvinnue's "Walk-A'Thon" Fundraiser, McAvinnue's International Night, and more! Stay tuned in for details for all of these things in the next few weeks!

As always, we are looking forward to another productive, engaging, and fun week at the "best school that we all know"!

If you have any questions, please don't hesitate to reach directly.

# Here are a few items that you need to be aware of. Please mark your calendars for the following events and activities at McAvinnue for this upcoming week:

- Monday, April 22nd McAvinnue Reopens @ 9:10 AM
- <u>Tuesday, April 30th</u> Grade 4 Field Trip: Lowell Boott Mills (2 Classes)
- Wednesday, May 1st Grade 3 Math MCAS Testing: Session 1
- <u>Wednesday, May 2nd</u> Lowell School Committee Meeting @ 6:30 PM (City Hall)
- Thursday, May 2nd Grade 3 Math MCAS Testing: Session 2
- <u>Thursday, May 2nd</u> Grade 4 Field Trip: Lowell Boott Mills (2 Classes)
- Friday, May 3rd McAvinnue's "Lion's Pride" Core Value All School Celebration @ 9:30 AM

If you have any questions, please don't hesitate to contact the Main Office at McAvinnue or send Mr. Domina a message a <u>mdomina@lowell.k12.ma.us</u>.

# McAvinnue's "Spring Spirit Week" Recap

"Sunglasses & Hat Day"



"Sports Day"



"Mix & Match Day"



"Mustache Day"



"JiJi Day"



#### It was JiJi's 27th Birthday on Friday!

It was JiJi's 27th birthday on Friday, April 26th! To celebrate this special day, our students had a great time participating in a variety of super fun activities using the ST Math platform as well as participating in a state-wide challenge to complete 1 million puzzles by the end of the day. We heard that this goal was reached by all of the schools that use ST Math in Massachusetts!

Check out the total puzzles that were completed in Massachusetts in the ST Math update section below!



# **UPDATED: MCAS Testing Dates: Grades 3 - 4**

Here is the remaining MCAS testing dates for Grades 3 and 4. We only have Math to complete before we wrap up our MCAS testing for this school year. Our students did an amazing job competing the ELA (English Language Arts) MCAS over the past few weeks. They worked extremely hard and we are eager to see how they did!

Please see the remaining dates below for both Grade 3 and Grade 4.

#### <u>Math</u>

- Grade 3 Math May 1st (Session 1); May 2nd (Session 2)
- Grade 3 Math Make Up Sessions May 3rd & 6th
- Grade 4 Math May 8th (Session 1); May 9th (Session 2)
- Grade 4 Math Make Up Sessions May 10th & 13th

It's important that ALL of our students attend on the days that their grade level is testing. Being rested, on time, and fully prepared is essential for students to "show what they know" and do their very best!



If you have any questions, please reach out directly to your child's teacher for additional information.

# MCAS Test Taking Tips

Here are some simple but effective testing taking tips in preparation for the up and coming MCAS testing for our Grade 3 and 4 students.

Mark your calendar for testing dates Testing dates can be found above.

#### Don't stress your kids out

A parent's nervousness could really add to any stress that your child might already be feeling. If s/he isn't worried, you could make him worried.

#### Get good sleep before a test

Getting good sleep every night is a good strategy. Before a test it is even more important. They will be able to focus and concentrate better when they are well rested.

#### Eat a good breakfast before a test

Avoiding sugary or heavy foods is important. Having whole grains, fruits, yogurt, and/or eggs will give kids the fuel they will need during the test.

#### Choose clothes that will be comfortable and not distraction

Kids don't need to be adjusting their clothing during the test. Clothes with itchy textures that will cause kids to want to scratch will break their concentration. Clothes with Velcro closures, zippers or buttons that kids will want to open and close can be a distraction too.

#### Try to make the time before testing stress free

Having everything ready to go to in your kid's backpack before the rush out the door will cut down on everyone's frustration. Snacks/lunches can be made the night before. Clothes can be laid out early too.

#### Make sure you child has taken all their medications

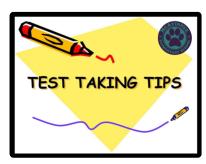
You will want to make sure that the medications that help them with medical issues are doing their job. Not having them could lead to health issues coming up during the test.

#### Be on time for school

Being on time will give your children a chance to become familiar with the testing location and help them stay calm.

#### Give your child a positive message to start the day

Take the time to let them know you believe in them.



#### Remind your child to do their best

Sometimes this simple reminder helps kids really try on tests.

#### Practice taking deep breathes to relax

If your children tend to get stressed out about test, show them how to take deep relaxing breaths. It can really calm kids down.

#### Remind your child to listen and read all directions carefully

Different tests can have very different directions. It is so important to listen and read over directions.

#### Remind them to use their time wisely

If they get to something they don't know, they can make an educated guess and move on. Students can get bogged down at the beginning of a test. They get very frustrated when others finish much earlier. They get worried about finishing the test. This one of those testing taking strategies you don't want to skip. Kids need to know that everyone works at their own pace and that it's okay for them to finish whenever they are ready. MCAS tests are untimed, so students can have as long as they need.

### McAvinnue's "Walk-A-Thon" Fundrasier

McAvinnue Elementary School WALK-A-THON







# Fundraiser Event Friday, May 10, 2024

#### #McAvinnuePride

We have a really fun and easy fundraiser planned at McAvinnue that will occur in a few weeks! On Friday, May 10th, we will host McAvinnue's "Walk-A-Thon" Fundraiser!

This fundraiser is really simple...all students need to do is raise and turn in as much money as possible starting on Monday, April 29th - Friday, May 10th. Students can bring in money throughout

the week in an envelope with their name and homeroom number on it...and drop it off in the Main Office. We will record and track the amount of money that each student is able to raise. Students are encouraged to ask those family members and friends to "sponsor" them for this great and fun fundraiser event! Please keep in mind that the money that is raised for each student is not connected to the number of laps that they walk during the Walk-A-Thon.

This event will occur during the school day for all grade levels at their assigned Specials time. Grade levels will walk in the gymnasium during their 50 minute scheduled Special. We will have cool lights, music, and many of our faculty will be joining in on the action! Students will walk as many laps as possible to show their appreciation for the money that they raised which will be donated to McAvinnue!

We have some prizes for those that raise the most money for McAvinnue's "Walk-A-Thon" fundraiser! Check out the list below to see prizes that can be earned for the top fundraisers including a "mystery" metric winner:

- <u>"Principal For The Day"</u>: The top 2 fundraisers will earn a chance to be "Principal for the Day"! They will work with Mr. Domina and Mr. Alcaraz an entire school day and help them with all of the things that they need to do. This prize includes a special lunch with Mr. Domina and Mr. Alcaraz. Also, each student will receive a special Principal's ID badge. Students can dress up like a Principal as they will have some important work they will need to do on this day!
- <u>Top Homeroom Fundraiser</u>: The homeroom that raises the most money over the next 2 weeks will have a chance to earn a very Special classroom lunch and dessert! The winning homeroom will have a chance to decide what they have for lunch and dessert!
- <u>Top Grade Level Fundraiser</u>: The grade level that raises the most money over the next 2 weeks will earn a very special "Frozen Treat Recess"! Each grade level winning homeroom will head over to Father Maguire park for a special "extra" recess that will feature a delicious frozen treat!
- <u>Mystery Winner</u>: We will have a "mystery" winner that will be chosen based upon a "mystery metric"! This could be the most money turned in during a day, most laps walked during the Walk-A-Thon, or some other action that demonstrates a high level of effort and committment for this fundraiser. This student will earn at \$150 Target giftcard!

You can start raising and turning in money starting on Monday, April 29th! Remember that we will be collecting money until Friday, May 10th! Just make sure that the money is placed in an envelope with the students name and homeroom number on it. All money needs to be turned in to Ms. Anna and Ms. Natalia in the Main Office.

Money that is raised during this event will go right back to our students for various school supplies and materials, field trips, special shows, and more!

If you have any questions, please reach out to the school or Mr. Domina directly!

### McAvinnue's Week In Review



# McAvinnue's "Musician of the Week"

McAvinnue's "Musician of the Week" is Eva in Room 303! Eva has been using body percussion to create "ostinatos", or repeated patterns, to play along with a song. She can also name all parts of a ukulele, and can strum along with several different songs. Good job!



#### Radial Symmetry Paper Sculptures

Students in Grade 3 have been focusing on Radial Symmetry Paper Sculptures! They learned three basic Origami folds and arranged them around a central point to create their colorful radial designs! Check out their work in the display case by the Main Office!



#### Team Building Fort Construction

The "Team Building Group", at McAvinnue's After School Program, worked collaboratively to design and build a fort! Amazing effort!

Happy ADMINISTRATIVE PROFESSIONALS #McAvinnuePride

#### "Administrative Professionals Day"

It was Administrative Professionals Day on Wednesday, April 24th! Here was the BIG shoutout to Ms. Ana for all of the hard work that she does for McAvinnue daily for our students, teachers, and families. Also, we want to thank Ms. Natalia for all of her tireless efforts in the role of McAvinnue's Parent Liaison!

Your smiles, positive energy, and commitment keeps things moving froward...and we all truly appreciate everything you do to make McAvinnue "the best school we all know"!

# **Upcoming Events**



#### Here are important dates to remember at the end of Apri and in May:

- Monday, April 22nd McAvinnue Reopens @ 9:10 AM
- Tuesday, April 30th Grade 4 Field Trip: Lowell Boott Mills (2 Classes)
- Wednesday, May 1st Grade 3 Math MCAS Testing: Session 1
- Wednesday, May 2nd Lowell School Committee Meeting @ 6:30 PM (City Hall)
- Thursday, May 2nd Grade 3 Math MCAS Testing: Session 2
- <u>Thursday, May 2nd</u> Grade 4 Field Trip: Lowell Boott Mills (2 Classes)
- Friday, May 3rd McAvinnue's "Lion's Pride" Core Value All School Celebration @ 9:30 AM
- Monday, May 6th Nurse Appreciation Day
- Tuesday, May 7th Teacher Appreciation Day
- Tuesday, May 7th McAvinnue's School Site Council Meeting @ 6:00 PM 7:00 PM
- Wednesday, May 8th Grade 4 Math MCAS Testing: Session 1
- Thursday, May 9th Grade 4 Math MCAS Testing: Session 2
- <u>Thursday, May 10th</u> McAvinnue's "Walk-A-Thon" Fundraiser Event (During Allied Arts Classes)
- Wednesday, May 15th Lowell School Committee Meeting @ 6:30 PM (City Hall)
- Thursday, May 16th McAvinnue's "Family Movie Night @ 5:30 PM 7:00 PM
- Tuesday, May 21st Kindergarten Field Trip: Stone Zoo
- Tuesday, May 21st McAvinnue's School Site Council Meeting @ 6:00 PM 7:00 PM
- Thursday, May 23rd McAvinnue's International Night @ 5:30 PM 7:00 PM
- Monday, May 27th No School: Memorial Day
- Wednesday, May 29th Grade 4 Field Trip: Stone Zoo
- Thursday, May 30th: Grade 3 Field Trip: Stone Zoo
- <u>Friday, May 31st</u> McAvinnue's "Lion's Pride" Core Value All School Celebration: May Edition @ 9:30 AM - 10:15 PM

#### McAvinnue's "Morning Announcements"

McAvinnue's "Morning Announcements" are back for the 2023-2024 academic school year!

Like we had successfully done last school year, a new edition of McAvinnue's "Virtual" Morning Announcements will be presented to



our students on Monday, Wednesday, and Friday each week. We will continue to use Tuesday and Thursday each week to be used for "Open Circle"....our Social Emotional Learning (SEL) program that focuses on community building, prosocial decision making, and appropriate responses to daily stressors both within the school and home settings.

This will continue to be a great way to bring our school together each day focusing on the same message to get the energy, commitment, and engage up before we launch into another great day at "the best school we all know".

#### <u>McAvinnue's Morning Announcements will occur on Monday and Friday each week. On occasion,</u> <u>there will be a Wednesday edition.</u>

You can check out current and past editions of McAvinnue's Morning Announcements on our YouTube channel using the link below.

#### https://www.youtube.com/channel/UC7hxiBuRjqjqfASI\_RLMleQ

You can check out the latest edition of McAvinnue's Morning Announcements below!

#### McAvinnue's Morning Announcements 4.22.2024

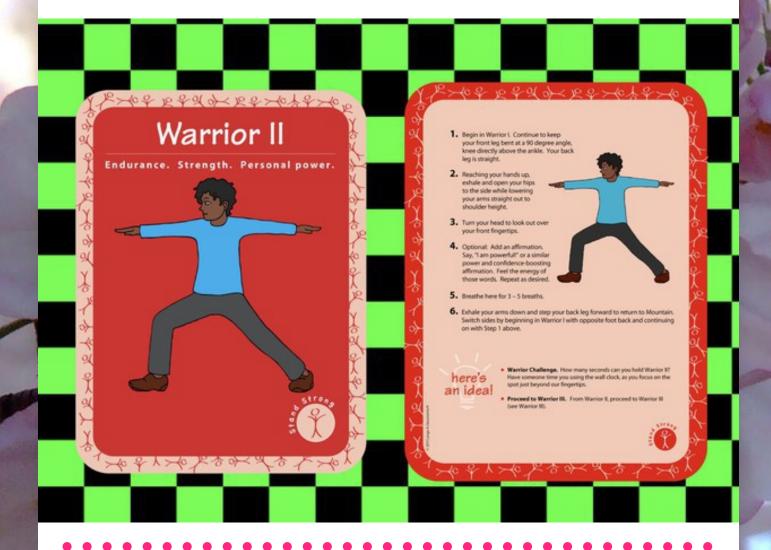


McAvinnue's Yoga Pose Of The Week: "Warrior II"

We will try another new pose this week called the "Warrior II". This new pose will allow us to work on increase our endurance and strength will making statements that will yield a higher sense of personal power. We will practice the "Warrior II" technique daily during our "Virtual" Morning Announcements during this up and coming week on Monday and Friday.



You can get an early head start and practice this technique before we launch into another exciting week!



#### Allergies? Asthma? Medications? - Please Let Nurse Danielle Know!

If your students have any medical concerns or diagnosis, please make sure Nurse Danielle is aware. Also, if they have any medical conditions, for example allergies or asthma, that require medications such as Epipens or inhalers here at school, please remember she needs updated paperwork and medication yearly.



Please reach out as soon as possible to get her the necessary paperwork and to arrange drop off of new medications. Nurse Danielle's email address is <u>dralls@lowell.k12.ma.us</u> and she can also be reached by calling (978) 937-2871 ex. 47858. Our fax number is (978) 937-2880.

# Drop-Off & Pick-Up Logistics

#### Drop-Off Logistics

- Arrival begins at 9:10 AM each day. The late bell rings at 9:25 AM.
- Please pull up to the 4th Avenue side of the building when dropping off your child.
- As you approach the 4th Avenue sidewalk, a faculty member will greet and support getting your child safely out of the vehicle.
- This area is a drop off area ONLY. You will not be permitted to park in this location.
- Please be sure to drive all the way down to the end of the sidewalk so we can fit as many vehicles in this location as possible.
- Ensure your child is ready to go and do not get out of the car so we can keep traffic moving.
- Students accessing our CSA program will be dismissed out the 4th Avenue door near the rear of the school building by the exit driveway.
- Large bus students will enter using the back door located in the rear of the school building.
- Small bus and van transportation students will use the 4th Avenue door near the rear of the school building by the exit driveway.

#### Morning Lining Up Locations

- Grade 1, 3, and 4 students will use the Main Door to enter the school building.
- Grade 2 will use the 4th Avenue doorway near the front of the school to enter the building.
- PreK & Kindergarten will use the Early Childhood door to enter the building. This door is located to the right of McAvinnue's Reading Garden and to the left of the Main Door.

#### Pick-Up Logistics

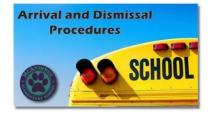
- Grade 1 will be dismissed out the Main Door.
- Grades 2, 3, and 4 will be dismissed out the 4th Avenue door near the front of the school.
- Kindergarten students will be dismissed out the Early Childhood door. This door is located to the right of McAvinnue's Reading Garden and to the left of the Main Door.
- Students accessing our CSA program will be dismissed out the 4th Avenue door near the rear of the school building by the exit driveway.
- PreK students will be dismissed out the 4th Avenue door near the rear of the school building by the exit driveway. Please contact Ms. Annie for the specific dismissal time.

#### School Bus Transportation Information

School bus transportation is provided to students in grades K-4, who live greater than .75 mile from their residence or alternate address to their assigned school. Middle school students (grades



5-8) must live greater than 1.5 miles from their residence or alternate address to their assigned



Kindergarten through 4th grade students will receive a printed bus pass via postal mail. These passes were mailed out on August 23rd. You can also look up your student's bus pass information by using their Student ID for the username and date of birth for the password at the link below. This is the same information that students use to log in to their Chromebooks for school.

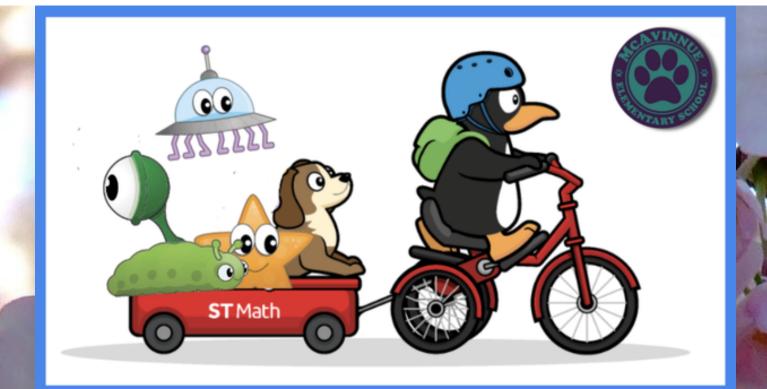
Please note that Kindergarten and 1st grader students <u>must</u> have an older sibling (4th grade or older) or parent present at the bus stop in the afternoon in order to depart from the school bus. If a parent or older sibling is not present, the student will be brought to the Moody School, located at 158 Rogers Street. A driver's license or valid identification must be presented to the staff in order to dismiss the student.

You can use the LPSD "Bus Lookup Tool" using the link below. You will need to use you child's LASID or lunch number along with their birthdate to access this helpful system.

There also is a helpful video that you can watch that will walk you through the process.

### 

ST Math Weekly Shout Out!



Last week as we headed into our final stretch with ST Math for the 2023-2024 school year, we had the opportunity to celebrate JiJi Day on Friday, April 26th.

We've had a spectacular year of puzzling. And, on Friday, McAvinnue contributed to the One8 Foundation's Massachusetts puzzle counter! Woohoo!

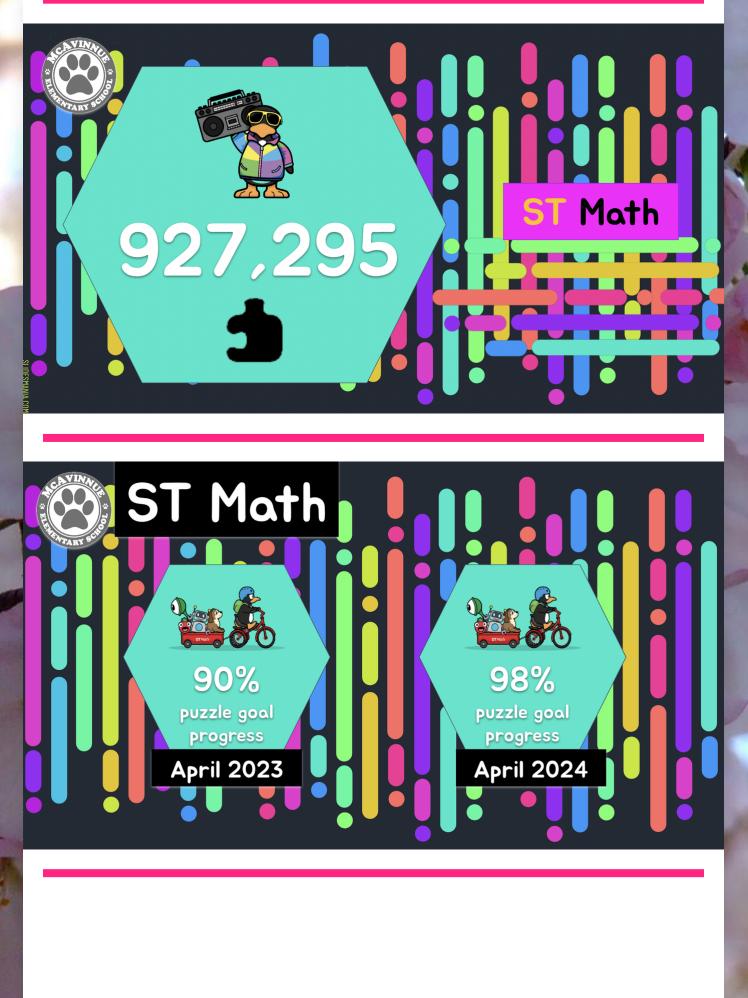
Check out the total number of puzzles completed this school year.

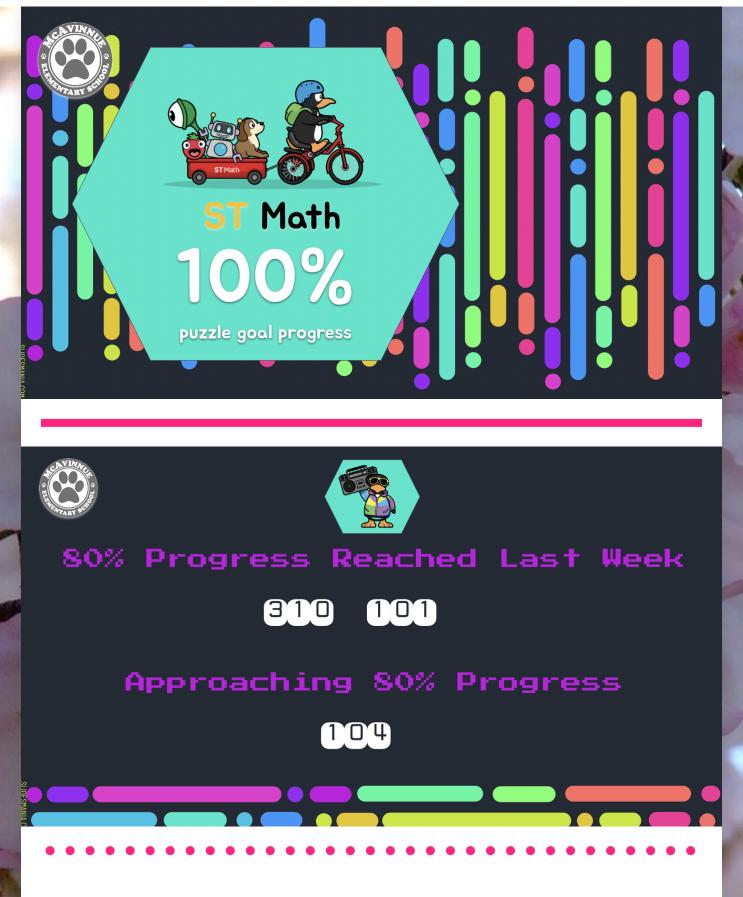
Here's a comparison of puzzle goal progress from late April 2023 and late April 2024 below!

Friday put us over the edge... We hit 100%! It's an incredible accomplishment. Your dedication and enthusiasm for the ST Math program drive this success.

We strive for 80% for all students and 80% for classrooms. Let's celebrate some classrooms this week!







### **ST Math Progress Champions!**



# McAvinnue's ST Math Progress Champions





Jaquelyn Room 101



Aurora Room 203



Anthony Room 204

# McAvinnue's ST Math Progress Champions





Asma Room 102



Cam Room 309



Cecilia Room 207



# McAvinnue's ST Math Progress Champions





Davina Room 102



Edison Room 309



Georgina Room 207



# McAvinnue's ST Math Progress Champions





lmran Room 204



Jostimbel Room 302



Kaiden Room 307



# McAvinnue's ST Math Progress Champions





Kaitlyn Room 104



Londen Room 302



Mason Room 309



# McAvinnue's ST Math Progress Champions





Moreyna Room 309



Nadia Room 302

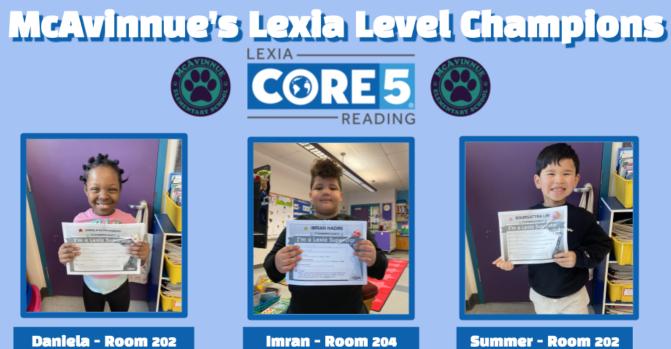


Rosa Room 202



Saylor Room 102

# **Lexia Reading Champions!**



**Level 7 Completed Level 3 Completed** 

### 2023-2024 School Year Calendar

**Level 7 Completed** 

Superintendent of Schools-Lowell Public Schools-Lowell, MA 2023-2024 School YearCalendar

| First Day of School – Grades 1-12<br>No School Jabor Day Recess<br>No School – Labor Day<br>First Day of School – Pre-Kindergarten & Kindergarten<br>No School – Indigenous Peopler' Day<br>No School for Student–Election Day - Professional Day for Staff<br>No School - Veterani <sup>*</sup> Day Observed<br>2023 Early Dismissal – Thanksgiving Recess<br>3 No School – Thanksgiving Recess<br>Schools Re-Open<br>Schools Re-Open<br>23 Wednesday - Early Release for grades PreK-12 |
|---|
| No School – Labor Day     No School – Labor Day     First Day of School – Pre-Kindergarten & Kindergarten     No School – Indigenous Peoples' Day     No School – Indigenous Peoples' Day     No School - Veterans' Day Observed 2023 Early Dismissal – Thanksgiving Recess 3 * No School - Thanksgiving Recess 3 * No School – Thanksgiving Recess Schools Re-Open   |
| First Day of School – Pre-Kindergarten & Kindergarten<br>No School – Indigenous Peoples' Day           No School – Students - Election Day - Professional Day for Staff           No School – Veterans' Day Observed           2023         Early Dismissal – Thanksgiving Recess           3 *         No School – Thanksgiving Recess           School – Thanksgiving Recess         School – Thanksgiving Recess           School s Re-Open         Schools Re-Open                    |
| No School – Indigenous Peopler' Day<br>No School for Studients -Election Day -Professional Day for Staff<br>No School - Veterani' Day Observed<br>2023 Early Dismissal – Thankogiving Recess<br>3 • No School - Thankogiving Recess<br>No School - Thankogiving Recess<br>Schools Re-Open   |
| No School for Students -Election Day -Professional Day for Staff<br>No School - Veterans' Day Observed<br>2023 Early Dismissal – Thanksgiving Recess<br>3 * No School - Thanksgiving Day<br>No School - Thanksgiving Recess<br>Schools Re-Open  |
| No School - Veterans' Day Observed<br>2023 Early Dismissal - Thanksgiving Recess<br>3 * No School - Thanksgiving Roy<br>No School - Thanksgiving Recess<br>Schools Re-Open  |
| 2023 Early Dismissal – Thankogiving Recess<br>3 * No School - Thankogiving Day<br>No School - Thankogiving Recess<br>Schools Re-Open  |
| 3 * No School - Thanksgiving Day<br>No School – Thanksgiving Recess<br>Schools Re-Open  |
| No School – Thanksgiving Recess<br>Schools Re-Open  |
| Schools Re-Open   |
|   |
| 123 Wednesday - Early Release for grades PreK-12  |
|   |
| Winter Vacation Begins at the Close of Day  |
| Christmas Day   |
| Central Office and Family Resource Office Closed  |
| New Year's Eve  |
| New Year's Day  |
| Schools Re-Open   |
| 24 Wednesday - Early Release for grades PreK-12   |
| No School - Martin Luther King, Jr. Day   |
| February Vacation Begins at the Close of School   |
| President's Day [School Vacation: Monday, February 19 - Friday, February 23, 2024]  |
| Monday - Schools Re-Open  |
| Wednesday - Early Release for grades PreK-12  |
| No School - Good Friday   |
| Spring Vacation Begins at the Close of School   |
| Patriot's Day - [School Vacation: Monday, April 15 - Friday, April 19, 2024]  |
| Schools Re-Open   |
| No School - Memorial Day  |
| 180 <sup>th</sup> School Day  |
| 185% School Day [Includes five (5) Snow Days]   |
| Juneteenth  |
|   |



#### School Calendar 2023-2024.pdf

Download 282.3 KB

### **Parent & Family Resources**

#### Student Handbook 2023-2024

The LPS Student Handbook is a great tool to use to fully understand the expectations of the role of our students as well as the partnership needed for our families to ensure that the school year is a great success.



You can access the district elementary student handbook by clicking the button below. You will find various policies and procedures focusing on attendance, grading, discipline, bus expectations, and more.

Please reach out directly if you have any questions.

#### **Click Here To Access The Updated Student Handbook**

#### McAvinnue's School Attendance Information

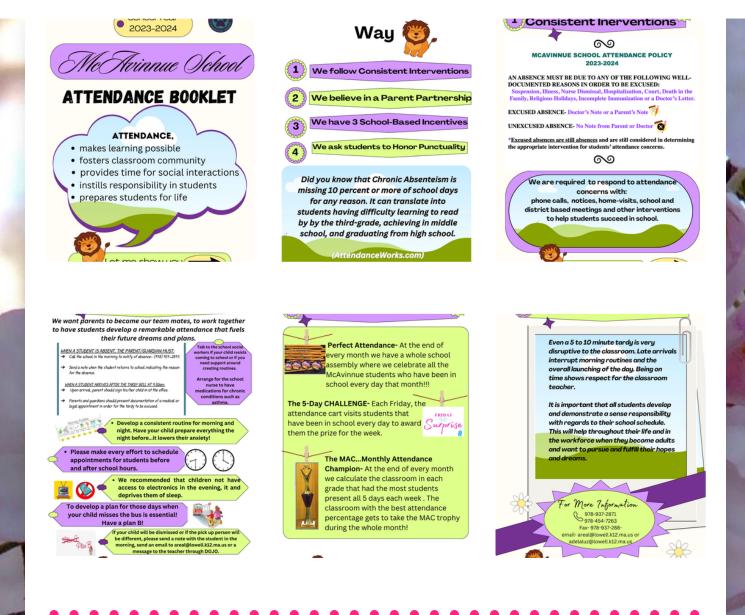
As you are aware, attending school is first step each in the learning process for our students. It is critical that our students arrive to school on time each day so that they can access all of the



engaging and meaning lessons that have been planned by our teachers and related service providers.

The McAvinnue Attendnace Team will monitor student attendance on a weekly basis and will reach our directly to families when they notice frequent absences, a pattern of absences, or an increased number of consecutive absences within a short period of time.

Please refer to McAvinnue's Student Attendance Booket below that will provide additional information. This booket will be sent home with students in multiple languages. It is important that you review this information for your own awareness and to be fully prepared to support your child with the first step of the learning process...attending school on time.



#### Breakfast and Lunch Will Be Free for All LPS Students

As we reopen for the new school year, Lowell Public Schools Food and Nutrition are "Powering Potential" for students and faculty with innovations in our menus and enhancements to our overall dining operations. When your child dines with us, rest assured that we will be serving delicious, nutritious meals prepared with the utmost attention to safety. We encourage every student to fuel up with breakfast and lunch meals each day so they can be energized and prepared to succeed throughout the day, in and out of the classroom.



Please keep up to date on our program, nutrition education, monthly menus and back to school letters on the <u>LPS Food and Nutrition website</u>.

Any concerns please feel free to email <a href="mailto:foodservice@lowell.k12.ma.us">foodservice@lowell.k12.ma.us</a>



WHY EAT SCHOOL BREAKFAST + LUNCH?

| Better                  | improved focus, behavior,                              |
|-------------------------|--|
| <b>Productivity</b>     | & attendance rate.                                     |
| Better<br><b>Health</b> | good for the brain & gives students the fuel to learn. |
| Better                  | one less thing to worry                                |
| Days                    | about & it's free!                                     |
|                         |  |

# April & Early May Breakfast & Lunch Menu

| Public schools  | 1<br>Cinnamon Roll<br>Assorted Cereal Bowl with<br>Graham Cracker<br>Served with Apples & Pears             | 2<br>Strawberry Filled Bagel<br>Chocolate Chip Muffin<br>Served with Oranges &<br>Juice                    | 3<br>Country Chicken Biscuit<br>All Day Energy Plater<br>Served with Strawberries &<br>Clementines   | 4<br>Blueberry Mini Waffle<br>UBR Round<br>Served with Fresh Fruit Cup<br>& Juice                                     | 5<br>Egg and Cheese Wake Up<br>Wrap<br>Bagel with Cream Cheese<br>Served with Apples &<br>Bananas |
|---|---|--|--|---|---|
| MENY  | 8<br>Cinnamon Raisin Bagel<br>Assorted Cereal Bowl with<br>Graham Cracker<br>Served with Apples & Pears     | 9<br>Sausage, Egg, and Cheese<br>Bagel Sandwich<br>Chocolate Chip Muffin<br>Served with Oranges &<br>Juice | 10<br>Apple Frudel<br>Assorted Cereal Bar with<br>Graham Crackers<br>Served with Strawberries &<br>Clementines   | 11<br>Egg and Cheese English<br>Muffin<br>Oatmeal Raisin Breakfast<br>Round<br>Served with Fresh Fruit Cup<br>& Juice | 12<br>Mixed Berry Yogurt Parfait<br>Bagel with Cream Cheese<br>Served with Apples and<br>Bananas  |
| ۶ مرب<br>April 2024   | 15  | <sup>16</sup> Spring   | Vacati   | <sup>18</sup><br>on!!!  | 19  |
| Elementary<br>Breakfast Menu  | 22<br>Pancake on a Stick<br>Assorted Cereal Bowl with<br>Graham Crackers<br>Served with Apples & Pears      | 23<br>All Day Energy Platter<br>Chocolate Chip Muffin<br>Served with Oranges &<br>Julce                    | 24<br>Sausage, Egg, and Cheese<br>Bagel Sandwich<br>Oatmeal Chocolate Chip<br>Betty Crocker Bar with<br>Graham Crackers<br>Served with Strawberries &<br>Clementines | 25<br>Egg and Cheese Wake Up<br>Wrap<br>Nature Valley Breakfast<br>Round<br>Served with Fresh Fruit Cup<br>& Juice    | 26<br>Mini Cinni<br>Fruit Smoothie<br>Served with Apples and<br>Bananas                           |
| All Breakfast items are whole grain. Offered Daily: 1 % and Skim Milk<br>and Fresh Fruit All Breakfast is provided free for all students. Menu is<br>subject to change. | 29<br>Pumpkin Breakfast Bread<br>Assorted Cereal Bowls with<br>Graham Cracker<br>Served with Apples & Pears | 30<br>Egg and Cheese Wake up<br>Wrap<br>Blueberry Muffin<br>Served with Oranges &<br>Juice                 | Clementuries     Powered Sugar Donut     Assorted Cereal Bar with     Graham Cracker     Served with Strawberries &     Clementines                                  | 2<br>Bacon, Egg, and Cheese<br>English Muffin<br>Oatmeal Raisin Round<br>Served with Fresh Fruit Cup<br>& Juice       | 3<br>Breakfast Smoothie<br>Bagel with Cream Cheese<br>Served with Apples &<br>Bananas             |



#### Elementary Breakfast April 2024.pdf

#### **Download**

583.5 KB

#### **Elementary Lunch April 2024.pdf**

Download 473.0 KB

#### Emergency Contact Form: 2023-2024

Get a jump start now and complete your emergency contact form for the 2023-2024 academic school year?

We have made it really easy for you to complete this important task. You can access the online form below. When you complete this form, it is immediately sent





to McAvinnue and we will print it out for our records.

You don't need to come to the school to complete this form...you can do it right on your phone, tablet, or computer!

If you have any questions, please reach out to Mrs. De La Luz at <u>adelaluz@lowell.k12.ma.us</u> or contact the Main Office at McAvinnue for support!



# Emergency Form Formulario de Emergencia Formulário de Emergência 2023-2024

Sign in to Google to save your progress. Learn more

#### McAvinnue Spirit Gear By Prep Sportswear

We have an online store if you wish to order any McAvinnue gear! It is open 24 hours per day and there is no due date for orders. Anytime you want to order...on any day!

The company is Prep Sportswear and has been reliable with solid product quality from reputable brands.

<u>There is a 30% off deal occuring now on all items! This is a major discount if you are interested in</u> <u>purchasing McAvinnue merchandise.</u>

Like during previous school years, we are also exploring additional local options to purchase McAvinnue gear. Stay tuned for more information in the month of September.

To access our current online store for McAvinnue spirit gear, please click the link below.

#### Click To Access Prep Sportswear Spirit Gear

#### **General Information**

How can I update my contact information (phone number/email/address)?

 Go online to the Family Resource Webpage (<u>https://www.lowell.k12.ma.us/UpdateContactInfo</u>) and fill out the "contact us" form. Families who don't have access to the internet can fill out the form in person at the Family Resource Center. If an address change is related to economic factors or



housing instability (family moves in with relatives, eviction, hotel/motel, fire or unsheltered, please contact the McKinney Vento Office located at the Family Resource Center in person (151 Merrimack Street), by phone (978-674-4321) or go to the webpage at <a href="https://www.lowell.k12.ma.us/HomelessAssistance">https://www.lowell.k12.ma.us/HomelessAssistance</a>.

#### How do I update my emergency contacts?

• If you were in the school last year we will send a verification sheet out. if you are new we will send home an emergency form to fill out on the first day of school.

#### How do I register my child for the new school year?

All school registrations are completed online using a computer or laptop. You can access the online application by going to <u>https://www.lowell.k12.ma.us/SchoolRegistration</u>. If you only have a mobile device and don't have access to a computer or laptop, you can register in person at the Family Resource Center (151 Merrimack Street). Please call the Family Resource Center if you have any questions (978-674-4321).

#### What should I do if I need to register my child(ren) and I don't speak English?

The Lowell Public Schools is committed to providing translation and interpretation services for families who require assistance in a language other than English. The online registration application and website is translated in Spanish and Portuguese and can be accessed by going to <a href="https://www.lowell.k12.ma.us/SchoolRegistration">https://www.lowell.k12.ma.us/SchoolRegistration</a>. For all other languages, please call Vannak Khin at (978) 328-6782 to arrange services. In-person language interpretation support for registration can be accessed by visiting the Lowell Public Schools at 151 Merrimack Street. Families can also call the Family Resource Center at (978) 674-4321 to make an appointment with a Bilingual Family Liaison.

#### How old does my child need to be to enroll in preschool or kindergarten?

 A child must turn 4 years old on or before September 1, 2023, in order to apply for preschool and 5 by September 1 to apply for kindergarten. A family can apply for preschool by going to <u>https://www.lowell.k12.ma.us/PreschoolRegistration</u> to fill out an online application or <u>https://www.lowell.k12.ma.us/KindergartenRegistration</u> for kindergarten. For registration questions, please call (978) 674-4321.

#### How do I apply for a transfer for my child to change schools in the new year?

- Per the 2023-2024 School Assignment Policy, all students have the option to request one school transfer per year.
- Families can apply online at <a href="https://www.lowell.k12.ma.us/SchoolTransfer">https://www.lowell.k12.ma.us/SchoolTransfer</a> or can come to the Family Resource Center in-person to complete the application. Transfers are assigned on a space availability basis.

## **Community Connections & Opportunities**



#### **Spring Playgroup Information**

Here is a free opportunity to explore a consistent time for your child to play with others. This opportunity will start at the beginning of April and last until the end of the school year.

#### Spring Playgroups

#### Starting 4/8/24 through 6/18/24

| MONDAY  | TUESDAY  | TUESDAY & THURSDAY |
|---|--|--------------------|
| Location: Pollard Library   | Location: Housing Authority  | Location: YMCA     |
| 401 Merrimack St  | 580 Chelmsford St.   | 35 YMCA Drive      |
| 10:00-11:00 AM  | 10:00-11:00 AM   | 10:00-11:00 AM     |
| LPS Facilitators  | LPS Facilitators   | LPS Facilitators   |
| Language Supports:  | Language Supports:   | Language Supports: |
| English and Khmer   | English and Khmer  | English and Khmer  |
| WEDNESDAY<br>Location: Saint Rita's Church<br>158 Mammoth Road<br>10:00-11:00 AM<br>Language Supports:<br>LPS Facilitators<br>English and Spanish | FRIDAY<br>Location: Pollard Library<br>401 Merrimack St<br>10:00-11:00 AM<br>Language Supports:<br>LPS Facilitators<br>English and Spanish |                    |

#### LEARNING THROUGH INTENTIONAL PLAY

Your child will learn language through stories and songs. Children will have fun, make friends, and grow in their language, motor, and social skills.









To Register Scan

For more information

Call 978-674-2051

OR

Email lvanthiel@lowell.k12.ma.us

These Playgroups are funded through the Coordinated Family and Community Engagement grant from the MA Department of Early Education and Care and supported by the Lowell Public Schools.

#### **Local Summer Planning Opportunities**

Check out a few early local Summer planning opportunities below.



# LEARN, PLAY AND EXPLORE THIS SUMMER AT

Week 1 All Star Adventures (June 24- June 28)
Week 2 STEAM & Space (July 1 - July 3)\*
Week 3 Around the World (July 8 - July 12)
Week 4 Water Week (July 15 - 19)
Week 5 Animal Extravaganza (July 22 - July 26)

Week 6 Water Week 2 (July 29 - August 2)

Week 7 Culinary Creations (August 5 - August 9)
\*Pro rated

#### AGES 5-12 • 7 WEEKS 8:30 AM - 3:00 PM \$390 / WEEK

Camps are Non-refundable.

200+ Acres • Ponding • Geodome • Hiking Trails • Orienteering • Indoor & Outdoor Athletic Facilities • Wild Animals Science Experiments Team Building

For more details or to register visit NDATyngsboro.org/summercamp/ 978-364-2756



180 Middlesex Rd, Tyngsboro, MA 01879 • 978-364-2756 This camp must comply with regulations of the MDPH and be licensed by the LBOH.

#### Spring Baseball & Softball Recreation League Registration

Please see the information below regarding 2024 Spring Baseball & Softball Recreation League Registration. The flyer is offered in multiple languages for your convenience.



#### **FREE COVID-19 Tests**

With an increase in COVID-19 cases, this is a good time to remind you all of the current COVID protocol for public schools, which can be found here:

https://www.mass.gov/info-details/covid-19-isolation-and-exposure-guidance-for-children-and-staffin-child-care-k-12-out-of-school-time-ost-and-recreational-campprogram-settings? fbclid=lwAR24BK80e6IAiisGU4enilSFTPrZ1-z7PoNp5nRovIR1ApBTpt7722BFw2g

Additionally, FREE at-home COVID tests are again available. To claim yours, visit <u>https://special.usps.com/testkits</u> or call (800)-232-0233.



#### **Cub Scout Pack 7 Information**

Cub Scout Pack 7 is looking for new cubs to join their pack! Tons of fun and learning experiences for all kids in Kindergarten through Grade 5. For more information, visit <u>www.pack7lowell.com</u>

Pack 7 meets at St. Rita's Church directly across from McAvinnue!





#### **Community Resources & Daycare Options for Families**

Looking for before or after school daycare options for your child? Here is a short list of options and information for your consideration.

Here is a list of daycare options in Lowell:

- Community Team Work (CTI) (978) 454-5100
  - Families who are already enrolled in a CTI program...
    - Call or text school-age coordinators to request a slot
      - Billy 978-995-0028, wma@commteam.org
      - Karen 978-729-7216, <u>kshannon@commteam.org</u>
  - Families who are not enrolled in a CTI program
    - If you've filled out a CTI application in the past...
      - Contact Karen (978) 729-7216, <u>kshannon@commteam.org</u> to see if where you are on the waitlist (if there is a waitlist)
    - If you've never filled out a CTI application...
      - Fill out an application at 17 Kirk St., 126 Phoenix Ave
      - Or call the main CTI number (978) 454-5100 to request an email version of the application.

- Karen Espinola is the school-age director
  - Fill out a application online or at the YMCA to request a slot
- Debbie Doben is the preschool director if your child is preschool age
- Family Childcare: Call programs to see if they have openings near you
  - Bethel Family Childcare (978) 458-6577
  - Clarendon Family Childcare (978) 454-3026
  - Child Development and Learning (CDE) (978) 275-2843
  - ACRE Family Childcare (978) 937-5899
  - CTI: See above contact information
- Girls Inc: (978) 458-6529, 220; Worthen St. in Lowell
  - Accept girls ages 5-14 years old
  - Accept Child Care Circuit vouchers, DCF vouchers, and private pay (income-based, sliding scale)
  - Call Pam Lerocque (Director of Finance & Administration) to check on openings
- Boys and Girls Club: (978) 458-4526; 657 Middlesex St in Lowell
  - School-age openings for after-school
  - Teens who are working with the Department of Children and Families can call BGC or DCF to see if they're eligible

••••••••••••••••••••••••

Family Leadership Institute

#### The Family Leadership Institute

The Family Leadership Institute provides families with the knowledge and skills to partner with schools and communities to ensure their children achieve their full potential.

Throughout the year, the FLI runs a variety of programs including: survival English classes, family college visits, mental health and financial literacy workshops, and more. For more information about the FLI visit: <u>https://www.lowell.k12.ma.us/Page/5263</u> or email FLI Director Zoe Dzineku at <u>zdzineku@lowell.k12.ma.us</u>.

#### **Local Food Support**

Do you need support with food options for your family. No need to worry...there are many local groups that can offer support for you during your time of need.



Click the link below for a list of local food pantries that are willing to help.

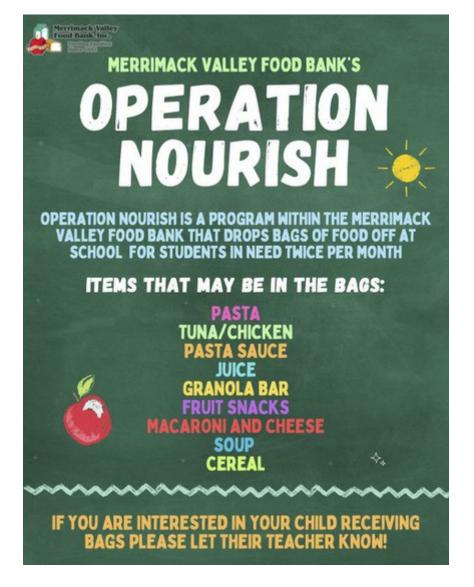
You can also reach out to Mrs. De La Luz, McAvinnue's Social Worker, for support navigating these and other options.

#### Greater-Lowell-Area-Pantry-List 8-27-20 (1).xlsx

Download 15.0 KB

#### **Operation Nourish**

Food insecurity is a serious issue for many Lowell Public Schools families. Help is available. The Merrimack Valley Food Bank offers "Operation Nourish" in ALL of our schools. This program provides a bag of food for students to take home two Fridays each month. Please contact the school directly if your family is interested in joining this program.



**Community Vaccination Information** 

#### Community vaccination sites.pdf

Download 1.1 MB

## McAvinnue's Family Read-A-Loud: "Don't Eat Bees: Life Lessons From Chip The Dog"

Children's Books Read Aloud | Funny Life Lesson From A Dog 😔

PP



#### McAvinnue's School Website

Check out our school website where you can find a wealth of information including school news, calendars, and other events.

Please visit our website at: <u>https://www.lowell.k12.ma.us/mcavinnue</u>



#### Follow McAvinnue On Social Media

You can follow McAvinnue on social media at the following sites! We update things daily and this is a great way to stay in touch with all of the amazing things that are happening inside and out of "the best school we all know"!

Click the buttons below to access our social media sites!



#### **Click To Access McAvinnue's Facebook Page**

**Click To Access McAvinnue's Twitter Page** 

Click To Access McAvinnue's Instagram Page

#### **Our Vision**

McAvinnue Elementary School is a place...where there are <u>high</u> <u>expectations</u>, where students are <u>academically engaged</u>, where instruction is guided by a <u>systematic approach to examine data</u>, where there is a <u>multi-tiered system of support</u>, and where a responsive environment that fosters <u>social emotional connections</u> between faculty and students prevails.

#McAvinnuePride #BeTheDifference #NextLevel

Email: <u>mdomina@lowell.k12.ma.us</u> Website: <u>https://www.lowell.k12.ma.us/Domain/21</u> Location: 131 Mammoth Road, Lowell, MA, USA Phone: (978) 937-2871



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