

# Kindergarten Readiness

## Skills Checklist

### Recommended

#### Bathroom

- Potty trained and independent
- Get undressed and dressed again
- Wipe independently
- Flush after using the bathroom
- Wash their hands

#### Clothing

- Zip and unzip clothing or jacket
- Button, snap, zip, tie
- Put on jacket and shoes
- Protect their body and respect others

#### Family Information

Know:

- First & last name
- Parent/caregiver names
- Phone number
- Home address



#### Lunch

- Open containers & snack in lunch box
- Eat within a time limit
- Feed themselves
- Clean up after themselves
- Know what is reusable & what gets thrown away
- Put their lunchbox in their backpack
- Understand their allergies (if applicable)

#### Classroom

- Sit in chair
- Keep hands to themselves
- Pack & unpack backpack
- Cough & sneeze into elbow
- Know positional words
- Ask questions when they don't understand
- Follow two-step directions
- Sit quietly & listen to a story

### Emerging (To be Worked on)

#### Basic Interactions

- Respect & be kind to peers
- Respond when name is called
- Raise hand & wait their turn
- Take turns sharing
- Tattling vs. telling
- Understand basic emotions & ways to calm themselves

#### Motor Skills

- Basic fine motor skills
- Properly hold a pencil
- Properly use crayons & markers
- Properly hold scissors
- Roll playdough

