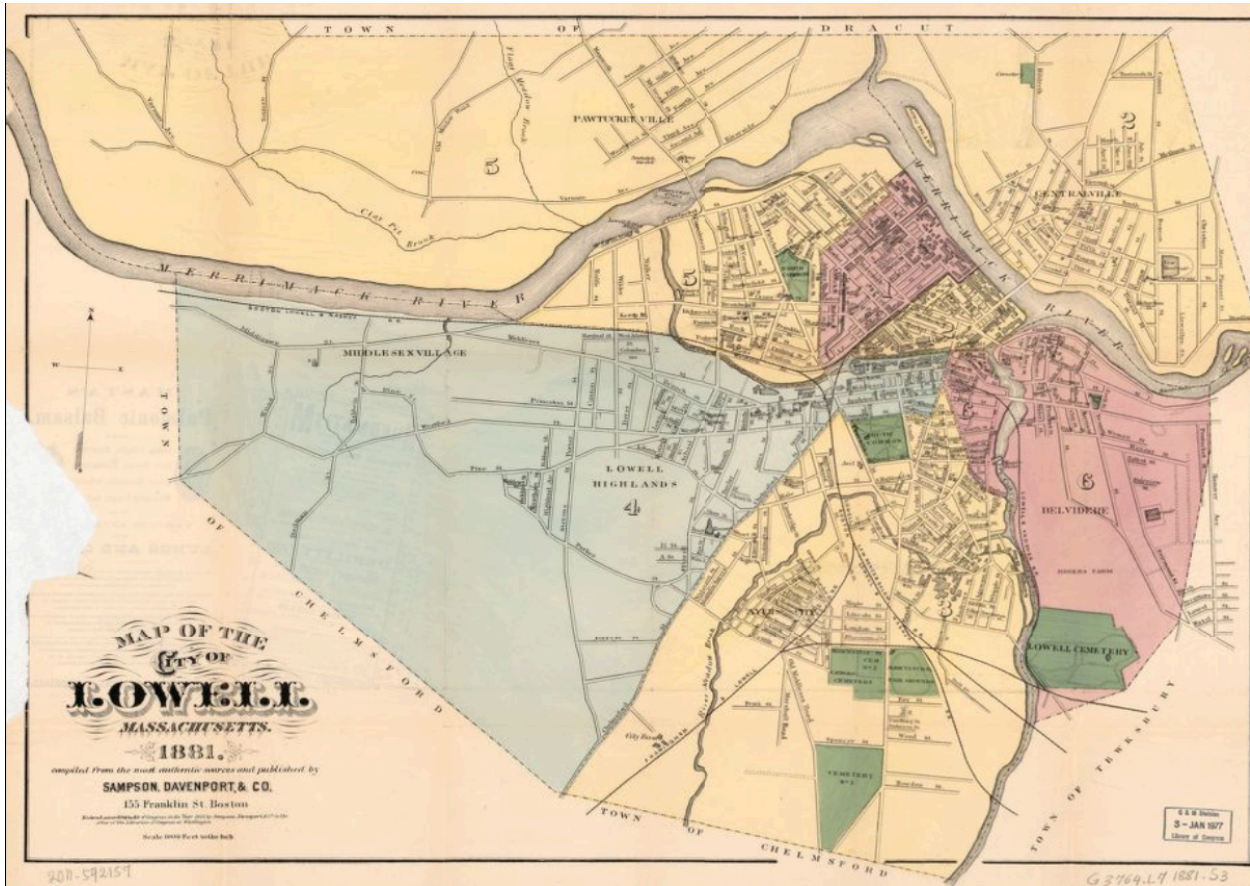


COMMUNITY RESOURCE MANUAL



Lowell City Hall

www.lowellma.gov

375 Merrimack Street 01852

978-674-4000

Lowell Fire

978-459-2444

Lowell Police

978-937-3200

State Police Missing Child Hot-line

800-622-5999

FOR ALL EMERGENCIES:

DIAL 911



COMMUNITY RESOURCE MANUAL

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COMMUNITY RESOURCE MANUAL

EARLY CHILDHOOD PROGRAMS AND SERVICES

CFCE Membership

978-967-6784
ahueston@lowell.k12.ma.us

Receive information on upcoming community events, newsletters and resources for you, your child's development and more. To register go to: <https://forms.gle/wc2X2vEAcT3tdBGj9>

Weekly Playgroups

978-967-6784
ahueston@lowell.k12.ma.us

Weekly playgroups for young children under the age of five and their families! Join the fun and invite your friends! Sing songs, read books and share ideas with peers. Materials for activities are provided.

ParentChild+

978-967-6784
ahueston@lowell.k12.ma.us

A national home visiting program focuses on serving children 18 months to 4 years in their home to promote language and literacy. A Home Visitor will come to your home for 30 minutes and bring an educational book or toy that is yours to keep. During the visit we talk about the importance of reading and playing with your child.

Positive Solutions for Families: Parenting Workshop

978-967-6784
ahueston@lowell.k12.ma.us

This free interactive parenting series engages families in discussions on how to promote social and emotional skills in children, how to develop positive solutions to address difficult parenting situations and explore ways to cope with children's challenging behaviors.

Developmental Screening

978-674-2050
slacroix@lowell.k12.ma.us

A quick and easy way to determine your child's strengths and areas of need.

Ages and Stages Questionnaire (ASQ)

slacroix@lowell.k12.ma.us
ahueston@lowell.k12.ma.us

A parent completed developmental screening that provides a quick check of your child's development.

SPED PAC Special Education Parent Advisory Council

978-454-1967
lowellspedpac@aol.com
Facebook: Lowell SPED PAC

An organization run by parents of children receiving special education services through the Lowell School Department. It was created to share information about special education and promote understanding between parents and the school department.



COMMUNITY RESOURCE MANUAL



Lowell Public Schools

155 Merrimack Street
Lowell, MA 01852

<https://www.lowell.k12.ma.us/>

Main Number: 978-674-2100

Family Resource Center

155 Merrimack Street
Lowell, MA 01852

<https://www.lowell.k12.ma.us/Domain/84>

Main Number: 978-674-4321

Early Childhood Programs and Services

155 Merrimack Street- 5th Floor
Lowell, MA 01852

<https://www.lowell.k12.ma.us/Domain/83>

Main Number:
978-674-4324

Special Education Department

155 Merrimack Street
Lowell, MA 01852

<https://www.lowell.k12.ma.us/Domain/92>

Main Number:
978-674-4322

ABOUT LOWELL PUBLIC SCHOOLS

The Lowell Public Schools (LPS) is one of the largest districts in Massachusetts, currently enrolling more than 14,150 students in grades PreK-12. LPS has a dedicated school community committed to serving our students and families. Our families are invited to participate in their children's educational experience. To facilitate this, we invite you to check out this website (www.lowell.k12.ma.us) which will inform you of many things such as announcements, school happenings, school calendars, etc.



COMMUNITY RESOURCE MANUAL

OUR SCHOOLS

After School Programs Key:

		
Century 21 Program	Community Teamwork	YMCA

**Abraham Lincoln Elementary School
(PreK-4)**

300 Chelmsford Street 01851

Tel: 978-937-2846

<https://www.lowell.k12.ma.us/Domain/19>



**Bartlett Community Partnership
(PreK-8)**

79 Wannalancit Street 01854

Tel: 978-937-8968

<https://www.lowell.k12.ma.us/Domain/9>

**Cardinal O'Connell Early Learning Center
(PreK)**

21 Carter Street 01852

Tel: 978-446-7000

<https://www.lowell.k12.ma.us/Domain/30>

**Charles W. Morey
(PreK-4)**

130 Pine St. 01851

Tel: 978-937-7662

<https://www.lowell.k12.ma.us/Domain/23>



**Charlotte M. Murkland Elementary School
(PreK-4)**

350 Adams Street 01854

Tel: 978-937-2826

<https://www.lowell.k12.ma.us/Domain/24>



**Dr. Gertrude Bailey Elementary School
(PreK-4)**

175 Campbell Dr. 01851

Tel: 978-937-7644

<https://www.lowell.k12.ma.us/Domain/17>



COMMUNITY RESOURCE MANUAL

Dr. Janice Adie Day School

(PreK-12)

60 Carlisle Street, Chelmsford MA 01824

Tel: 978-674-2405

<https://www.lowell.k12.ma.us/lowellday>

Frederic T. Greenhalge Elementary School

(PreK-4)

149 Ennell Street 01850

Tel: 978-937-7670

<https://www.lowell.k12.ma.us/Domain/18>



John J. Shaughnessy Elementary School

(PreK-4)

1158 Gorham Street 01852

Tel: 978-937-7657

<https://www.lowell.k12.ma.us/Domain/27>



Joseph A. McAvinnue Elementary School

(PreK-4)

131 Mammoth Road 01584

Tel: 978-937-2871

<https://www.lowell.k12.ma.us/Domain/21>



Joseph G. Pyne Arts Magnet School

(PreK-8)

145 Boylston Street 01852

Tel: 978-937-7639

<https://www.lowell.k12.ma.us/Domain/12>

Moody Elementary School

(K-4)

158 Rogers Street. 01852

Tel: 978-937-7673

<https://www.lowell.k12.ma.us/Domain/22>

Pawtucketville Memorial Elementary School

(PreK-8)

425 West Meadow Road 01854

Tel: 978-937-7667

<https://www.lowell.k12.ma.us/Domain/25>



Peter W. Reilly School

(PreK-4)

115 Douglas Road 01852

Tel: 978-937-7652

<https://www.lowell.k12.ma.us/Page/45>



COMMUNITY RESOURCE MANUAL

S. Christa McAuliffe Elementary School (PreK-4)

570 Beacon Street 01850

Tel: 978-937-2838

<https://www.lowell.k12.ma.us/Domain/20>



STEM Academy @ the Rogers School (K-8)

43 Highland Street 01852

Tel: 978-674-4331

<https://www.lowell.k12.ma.us/Domain/28>



Washington Elementary School (PreK-4)

795 Wilder Street 01851

Tel: 978-937-7635





<https://www.lowell.k12.ma.us/Domain/29>



COMMUNITY RESOURCE MANUAL

EARLY CHILDHOOD EDUCATION & SCHOOL-AGE PROGRAMS

Key:

			
Infant	Toddler	Preschool	School-age

ACRE Family Child Care

55 Middle Street

Lowell, MA 01852

www.acrefamily.org

Phone: 978-937-5899



Acre Family Child Care provides a pathway for women to achieve economic independence by operating high quality child care businesses in their homes. Acre Family provides care for nearly 400 children every day in a network of family child care homes. Acre Family staff visit the homes to monitor the quality of care, and offer family support services and early childhood training programs in multiple languages throughout the year.

Acre Family Child Care (AFCC) was founded in 1988 in response to two related economic and community development needs: jobs and child care. Acre Family Child Care provides training programs in English, Spanish, and Khmer that enable women to run licensed family child care businesses in their own homes. The program has an innovative ripple effect in the community: the family child care providers earn a living and are able to stay at home with their own young children; at the same time, they offer child care to the community so other parents may work or attend job training programs.

Bethel Child Care Services

411 Merrimack Street- 1st Floor

Methuen, MA 01843

www.bethelccs.com

Phone: 978-458-6577



Bethel Child Care Services Inc. provides community-based, quality early learning programs to children from birth to 13 years of age in licensed family childcare educator homes. We support each child's development by working to meet their individual needs of early learning, literacy, and healthy social-emotional development. We support parents by collaborating with them to guide the best developmental outcomes for their children.

COMMUNITY RESOURCE MANUAL

Boys and Girls Club
657 Middlesex Street
Lowell, MA 01851
<http://lbgc.org/>
Phone: 978-458-4526



All young people ages 8-18 are welcome. Our members represent diverse socio-economic and ethnic backgrounds. Membership fees are kept at just \$30 per year (5\$ for teens) and grant many scholarships to ensure access to all youth who benefit from club services.

Clarendon Early Education Services
100 Merrimack Street #201
Lowell, MA 01852
<https://clarendonearlyeducationservices.org>
Phone: 978-454-3026



Clarendon Early Education Services, Inc. provides quality child care services to children from birth to 13 years, supporting families from diverse ethnic, social and economic backgrounds. Safe, healthy environments with a robust nutrition program set the stage for improved outcomes in school and in life.

Community Teamwork Inc.
155 Merrimack Street
Lowell, MA 01852
www.commteam.org
Phone: 978-459-0551



Our affordable child education and care programs provide support to infants and children through age 5, preparing them to be their developmental best through early learning and literacy and healthy social and physical development. We offer high-quality, extended care for infants, young children up to age 5 and middle school age children, while supporting the demanding schedules of working parents.

Girls Inc.
220 Worthen Street
Lowell, MA 01852
www.girlsinclowell.org
Phone: 978-458-6529



Girls Incorporated of Lowell provides programs to help all girls develop the skills and tools for becoming women who are strong, smart and bold. Our aim is to develop strong interpersonal skills between students while bolstering self-confidence and an awareness of the world around them.



COMMUNITY RESOURCE MANUAL

Learning Latta

75 Douglas Road
Lowell, MA 01852
Phone: 978-323-9310



Learning Latta is a Large Group and School Age Child Care in Lowell with a maximum capacity of 46 children. The provider does not participate in a subsidized child care program. Learning Latta provides various opportunities that help their students learn essential academic skills.

Little Sprouts Enrichment Center

900 Chelmsford Street
Loell, MA 01851

www.littlesprouts.com

Phone: 978-453-6614



Little Sprouts schools are filled with passionate early educators committed to supporting children's social, emotional, physical, and academic growth. We create healthy and safe spaces to help infants, toddlers, preschoolers, kindergarteners, and school-aged children meet their milestones, expand their imaginations, and make plenty of new friends.

Lowell Day Nursery

119 Hall Street
Lowell, MA 01854

www.lowelldaynursery.net

Phone: 978-4545981



Lowell Day Nursery is a nonprofit, early education child care center accredited by the National Association for the Education of Young Children (NAEYC). Accepting children from the age of 15 months up to PreK (6 years old). Our school has been open since 1885-that's 135 years of experience in child development.

Merrimack Valley Christian Day School

1195 Varnum Ave.
Lowell, MA 01854

www.merrimackvalleychristianschool.com

Phone: 978-452-2462



M.V.C.D.S. is a state licensed, non-profit corporation which has functioned as a ministry of the Lowell First Church of the Nazarene for over 30 years. We offer high quality care and education for children ages 8 weeks through 5 years in a distinctively Christian Environment.

Small Steps

1230 Bridge Street
Lowell, MA 01850
Phone: 978-319-8829



Small steps offers part-time, full-time and hourly childcare services for children 3 weeks to 8 years old. We provide all meals and formula for infants including some special diets. Learning by interactions/hands-on approach is the best way for children to learn.

COMMUNITY RESOURCE MANUAL

UTEC Early Education Center

15 Warren Street
Lowell, MA 01852
<https://utecinc.org/>
Phone: 978-735-4660



UTEC Early Education Center is a large group and school age child care facility which provides day services for all children. Children who experience quality early education and child care in UTEC Early Education Center in the city of Lowell receive long term benefits.

YMCA Child Care Programs

35 YMCA Drive
Lowell, MA 01852
www.greaterlowellymca.org
GreaterLowellYMCA.org Phone:
978-454-7825



The Greater Lowell Family YMCA Preschool offers exceptional care for children ages 2/9-5 years. Our program is certified by the Department of Early Ed. and Care. IT is designated to create an environment that both stimulates and strengthens each child's physical, educational and social development. The YMCA offers before and after school child care for children ages 5-12 with EEC certified staff.

PRIVATE AND CHARTER SCHOOLS

Collegiate Charter School of Lowell (K-11)

1857 Middlesex Street 01851
www.collegiatelowell.org
Phone: 978-458-1399

Community Christian Academy (PreK-8)

105 Princeton Blvd. 01851
www.ccalowell.org
Phone: 978-453-4738

Hellenic American Academy (PreK-6)

41 Broadway Street.01854
www.hellenicaa.org
Phone: 978-453-5422

Immaculate Conception School (PreK-8)

218 E. Merrimack Street 01852
www.icslowell.com
Phone: 978-454-5339

Lowell Catholic (PreK-12)

530 Stevens Street 01851
www.lowellcatholic.org
Phone: 978-452-1794

Lowell Community Charter Public School (PreK-8)

206 Jackson Street 01852
www.lccps.org
Phone: 978-323-0800



COMMUNITY RESOURCE MANUAL

ADULT EDUCATION

ABE/ESOL & GED Programs

Adult Literacy Program @ Pollard Library	978-674-1541
Cambodian Mutual Assistance Association	978-454-6200
Financial Literacy Academy	978-654-5673
International Institute	978-459-9031
Lowell Adult Education	978-937-8989
Massachusetts Alliance of Portuguese Speakers	978-970-1250
Youth Build Lowell	978-446-9803
YWCA Young Parent Program	978-454-5405

State Colleges & Universities

Middlesex Community College, Bedford	781-280-3200
Middlesex Community College, Lowell	978-656-3200
University of Massachusetts, Lowell	978-934-4000

Vocational and Technical Schools

Greater Lowell Technical School, Tyngsboro	978-454-5411
Lincoln Technical Institute	978-458-4800
Lowell Academy Hairstyling Institute	978-453-3235



COMMUNITY RESOURCE MANUAL

AGENCIES SERVING PARENTS & CHILDREN

Cambodian Mutual Assistance Association

465 School Street, Lowell

www.cmaalowell.org

Phone: 978-454-6200

Educational, cultural, economic and social programs for Cambodian Americans and other minorities and disadvantaged persons in Lowell.

Catie's Closet

28 Loon Hill Road, Dracut, MA

www.catiescloset.org

Phone: 978-957-2200

Provides clothing and toiletries to students 4-18 years old, free of charge. This can be accessed through the Lowell Public School Early Childhood Department: 978-674-2051.

Catholic Charities Merrimack Valley

70 Lawrence St. Lowell

www.ccab.org

Phone: 978-452-1421

Services vary by location and include emergency financial assistance for fuel, rent, and utilities: food pantries or vouchers, Young Parents Programs, Second Chance School, Young Fathers Program.

Family Connection of Greater Lowell

Pawtucket Congregational Church

15 Mammoth Rd., Lowell

www.TFCplayspace.weebly.com

Phone: 978-452-2144

Features a large indoor area where young children can play in a safe environment, and where parents can connect with each other.

International Institute

101 Jackson Street, Lowell

www.iine.org

Phone: 978-459-9031

Assistance with accessing community services, applying for refugee cash assistance when applicable, offering cultural orientations for newly arrived immigrants.

Mass. Alliance of Portuguese Speakers (MAPS)

MAPS works with the Brazilian, Cabo Verdean, Portuguese and other Portuguese speaking communities to increase access and



COMMUNITY RESOURCE MANUAL

490 Central Street, Lowell

www.maps-inc.org

Phone: 978-970-1250

remove barriers to health care, education and social services through direct services, advocacy, leadership and community development.

Massachusetts Department of Children & Family Services

2 Omni Way, Chelmsford

www.mass.gov/locations/dcf-greater-lowell-area-office

Phone: 978-275-6800

The Department of Children and Families (DCF) is committed to protecting children from abuse and neglect, and in partnership with families and communities, to ensure that children are able to grow and thrive in a safe and nurturing environment.

NFI Family Resource Center of GR. Lowell

27 Prescott St., Lowell

www.nfima.org

Phone: 978-455-0701

The FRC's Family Support Workers assist families in connecting to resources, making referrals and provide follow up to ensure successful connections

Newborn & Pregnancy Support

126 Phoenix Ave., Lowell

www.thomchild.org

Phone: 978-453-8331

Home visiting program that serves pregnant women, post-partum mothers and their infants. Provides prenatal education, breastfeeding information and support, newborn education and more.

Mentor- South Bay Early Intervention

22 Old Canal Drive, Lowell

www.southbaycommunityservices.com

Phone: 978-452-1736

Early Intervention provides support to families with children ages birth-3 years old

United Way of Massachusetts Bay

& Merrimack Valley

PO Box 9313, Lowell 01853

www.unitedwaymassbay.org

Phone: 617-624-8000

United Way is dedicated to improving the lives of individuals, families, and children in need throughout the Merrimack Valley: Ending homelessness, moving families out of poverty, supporting young children, and preparing youth for success. And we won't rest until everyone in our footprint has the means for a better future.



COMMUNITY RESOURCE MANUAL

EMPLOYMENT

Career Center of Lowell

107 Merrimack St., Lowell

www.careercenteroflowell.org

Phone: 978-458-2503

Aids in obtaining employment and employment skills.

Department of Transitional Assistance

131 Davidson St., Lowell

www.mass.gov/locations/dta-lowell-transitional-assistance-offices

Phone: 978-446-2400

Provides basic education, job training and job search skills.

Middlesex Community College

33 Kearney Square, Lowell

Phone: 800-818-3434

Services open to all - no fee to register and attend most workshops. Provides employment and career development services to individuals.

Secure Jobs

165 Merrimack St., Lowell

www.commteam.org

Phone: 978-459-0551

Provides integrated housing and personalized employment services, while working to remove barriers for success by linking participants with childcare resources, transportation to and from training programs, job readiness and job services.

SuitAbility Program

17 Kirk St., Lowell

www.commteam.org

Phone: 978-459-0551

Provides free interview/work clothing to low-income women. Referral required.

FAMILY VIOLENCE AND ABUSE

The Center for Hope & Healing

144 Merrimack St., Suite 304,
Lowell

www.chhinc.org

Phone: 978-452-7721

Free Counseling services to survivors of sexual violence as well as their friends and family.

Department and Children and Families

DCF is the state agency with the primary responsibility of keeping children safe from abuse and neglect.



COMMUNITY RESOURCE MANUAL

2 Omni Way, Chelmsford

<http://dcfoffices.org/>

Phone: 800-792-5200

Lowell Asian Initiative Against Domestic Violence

<http://atask.org/>

Phone: 617-338-2350

Hotline: 617.338.2355

Our mission is to prevent domestic violence in Asian families and communities and to provide hope to survivors.

Wadeside Lowell Youth and Family Support Network

77 East Merrimack St.

Lowell, MA 01852

www.waysideyouth.org

Empowering children, young adults and families to achieve greater independence and emotional well-being. Wayside Lowell's site provides a variety of in-home and community based services for youth with emotional and behavioral needs, and families experiencing significant stress.

FOOD RESOURCES

Catholic Charities Food Pantry

70 Lawrence St., Lowell

<http://ccab.org/>

Phone: 978-452-1421

Call for updated Food Pantry hours.

Central Food Ministry Food Pantry

370 W. Sixth St., Lowell

www.cfministry.org

Phone: 978-454-7445

Call to make an appointment to pick up food.

Christ Jubilee Food Pantry

101 Smith St., Lowell

<http://christjubilee.com>

Phone: 978-452-9976

Call for updated distribution hours.

Food Stamp Program (SNAP)

131 Davidson St., Lowell

gettingsnap.org/how-to-apply

Phone: 978-446-2400

Provides eligible households with a monthly food stamp allowance to purchase groceries at approved markets.



COMMUNITY RESOURCE MANUAL

**Merrimack Valley Food Bank
Mobile Pantry & Operation
Nourish**

1703 Middlesex St., Lowell
www.mvfb.org
Phone: 978-454-7272

Offers home delivery of food for low income, homebound elderly and disabled individuals. Operation Nourish provides supplemental food to children who may not have enough food to eat at home. Also operates a free community market in Summer.

Open Pantry of Greater Lowell
13 Hurd St., Lowell
<http://theopenpantry.org>
Phone: 978-453-6693

Food Assistance every 30 days. Any person who lives in Greater Lowell may be eligible for assistance. Call for updated hours.

Salvation Army
150 Appleton St., Lowell
www.salvationarmyusa.org
Phone: 978-458-3396

A variety of services available including food assistance, holiday assistance, emergency assistance & clothing/furniture assistance.

**School Pantry- Greater Boston
Food Bank**
43 Highland St. Lowell (Rogers
School)

Fresh fruits and vegetables. Up to \$150 worth of food per family. Sign up information required. Contact school social workers for an application. Parents can come on the scheduled day with a completed application or register on site. Dates can be found on the Lowell Public Schools Calendar.

WIC
45 Kirk St., Lowell
www.commteam.org
Phone: 978-454-6397

The Women's, Infants, and Children Nutrition Program provides free food and nutrition information to help keep pregnant women, infants and children under 5 healthy/strong.

HEALTH

Lowell Community Health Center
161 Jackson St., Lowell
Family Planning Department-2nd
Floor
www.lchealth.org

High quality free or low-cost family planning and reproductive health care.



COMMUNITY RESOURCE MANUAL

Phone: 978-446-0236

Lowell General Hospital
Main Campus- 295 Varnum Ave.,
Lowell Saints Campus- 1 Hospital
Dr., Lowell
www.lowellgeneral.org
Phone: 978-937-6000

Free Screenings, ChildBirth Classes, Support Groups,
Physician Referrals, Hospital Information/Patient Services,
etc.

METTA Health Center-LCHC
135 Jackson St., Lowell
www.lchealth.org/Metta.shtml
Phone: 978-441-1700

Offers traditional Cambodian Healing. Accepts most
insurances, including Medicaid and Medicare, sliding fee
scale available.

New Mothers Support Group
Lowell General Hospital –
Hanchett Auditorium
Phone: 978-788-7224

A free drop-in support group for new mothers and their
babies. Provides a place to come with your questions and
concerns or just to meet other new mothers.

Poison Control Center
www.poison.org
Phone: 800-222-1222

Emergency advice on poisoning and information on poisons.
Always open.

**Wayside Youth &
Family Support Network**
73 E. Merrimack St.
Phone: 978-221-6923

Wayside works with families under significant stress due to
mental illness, behavioral problems, addiction issues and other
challenges. We also support youth who have experienced abuse,
neglect and trauma.

HOUSING/HOMEGOODS/UTILITIES

Alternative House
24-hour hotline
P.O. Box 2100, Lowell
www.alternative-house.org
Phone: 978-937-5777
Phone: 888-291-6228

Provides emergency shelter, referral, counseling and legal
advocacy services for battered women and their children.



COMMUNITY RESOURCE MANUAL

Brigid's Crossing

48 Lawrence St., Lowell
www.housingworks.net
Phone: 978-454-0081

A teen living program where young mothers experience independent living while they learn to access resources in the community and develop appropriate parenting skills.

The Caleb Group

77 Chestnut St., Lowell
www.thecalebgroup.org
Phone: 781-595-4665

Offers affordable housing combined with helping residents overcome adversity, prosper and move on with their lives by providing direct and indirect services, community programming and referrals.

Community Teamwork

45 Kirk St., Lowell
www.commteam.org
Phone: 978-459-6161

Provides energy programs, fuel assistance to help low income people become self-sufficient.

Common Ground Development Corp.

155 Merrimack St., Lowell
www.commteam.org/common-ground-development
Phone: 978-459-0551

Mission is to produce more housing for home buyers and tenants, and to preserve existing apartments at affordable rent levels. Has 6 properties in Lowell.

Diaper Bank Collaborative

97 Central St, Suite 302, Lowell
www.lowellalliance.org/lowell-diaper-bank
Phone: 978-454-5405

The Diaper Bank is open to service providers, who are able to pick up diapers at the bank, store them at their site and distribute them to their clients (contact your LPS school social worker for services) Call for an application.

Community Teamwork - Section 8 Housing/Shelter Program

155 Merrimack St., Lowell
www.commteam.org
Phone: 978-459-0051

Multiple housing programs including: vouchers for Section 8 and information and assistance with basic housing needs. Also provides emergency shelter and supportive services for homeless families.

Department of Transitional Assistance

131 Davidson St., Lowell
www.mass.gov/locations/dta-lowell-transitional-assistance-office
Phone: 978-446-2400

Food stamps, Transitional Aid for Needy Families (TANF) and other assistance. New applicants:800-445-6604



COMMUNITY RESOURCE MANUAL

House of Hope

812 Merrimack St., Lowell
www.houseofhopelowell.org
Phone: 978-458-2870

Provides short-term emergency shelter for low-income families in crisis who are without housing and are not drug involved.

Lowell Housing Authority

350 Moody St., Lowell
www.lhma.org
Phone: 978-364-5311

Responsible for taking applications and managing public housing units and rental subsidies.

Lowell Transitional Living Center

189 Middlesex St., Lowell
www.ltlc.org
Phone: 978-458-9888

Provides emergency food and shelter for single adult male and female people over the age of 18. Pregnant women may receive shelter through their 1st and 2nd trimesters only due to safety considerations.

Merrimack Valley Housing Partnership

67 Middle St., Suite 501, Lowell
www.mvhp.org
Phone: 978-459-8490

Promotes home ownership opportunities for low and moderate income earners by producing comprehensive training and counseling as well as promoting the use of special mortgage products and down payment assistance programs.

Salvation Army

150 Appleton St., Lowell
www.salvationarmyusa.org/usn
Phone: 978-458-3396

Clothing/furniture assistance. Provides assistance in paying electric bills for low-income families who do not qualify for other public assistance.

St. Vincent de Paul Thrift Store

1488 Middlesex Street, Lowell
Phone: 978-453-7750

Those in need/low-income families, emergency family stabilization support. Families responsible for picking up goods.

The Wish Project

166 Middlesex St.
N. Chelmsford 01863
<https://thewishproject.org>
Phone: 866-947-4360

Wishes, Projects, & Emergency Aid. Social workers can submit form for clients. Clients can receive items one time, no repeat visits.



COMMUNITY RESOURCE MANUAL

LEGAL ASSISTANCE

International Institute

17 Warren St. 2nd floor, Lowell

www.iilowell.org

Phone: 978-459-903

We create opportunities for refugees and immigrants to succeed through resettlement, education, career advancement and pathways to citizenship.

Children's Law Center of Massachusetts

35 John St., Lowell

<https://www.clcm.org/>

Phone: 978-458-1465

Serving all of Greater Lowell. Offers low cost & free legal advice to low income & elderly people.



COMMUNITY RESOURCE MANUAL

FUN THINGS TO DO!

Beaches & Activities

CITY OF LOWELL SUMMER PUBLIC SWIMMING LOCATIONS

Need to cool off this summer? The Lowell Recreation Department operates the following public swimming locations with staff.

Merrimack Waterfront

160 Pawtucket Boulevard
Hours: 11 AM - 7 PM

McPherson Pool

185 Hildreth Street
Hours: 12 PM - 6 PM

South Common Pool

272 South Street
Hours: 12 PM - 6 PM

Splash Pad at Shedd Park

433 Rogers Street

Splash Pad at Shaughnessy Elementary School

1118 Gorham Street

"The Splash Pad," which is operated by the city of Lowell, Massachusetts and Department of Parks and Recreation. This is a great area where supervised children can cool down with water sprays. For more information about the Splash Pad, please call the city's Recreation Office at (978)970-4175. You may also visit the city of Lowell website, www.LowellMA.gov

Raymond Lord Memorial Swimming Pool -State of MA

81 Cross Street, Lowell
Phone: 978-459-7370

City of Lowell Parks and Recreation

107 Merrimack Street 4th Floor

recreation@lowellma.gov

Phone: 978-674-4175

For a complete view of all programs and activities, please go to the website.



COMMUNITY RESOURCE MANUAL

LIBRARIES

Many area libraries have [museum passes](#) available, which allow you to bring your family to a specific museum for little or no charge. Most passes are for town residents only and need to be reserved in advance. Call your local library or check their website for further information on passes as well as special children's events they may be sponsoring during the summer.

Pollard Memorial Library

401 Merrimack St., Lowell

www.pollarddml.org

Phone: 978-674-4120

Handicapped Accessible. Closed Saturdays in the summer. Passes may be booked on-line, in person or on the phone. Limit 3 passes per day.

Museum passes available:

Boott Cotton Mills Museum
Mass Audubon
Museum of Science
New England Quilt Museum
Seacoast Science Center
USS Constitution Museum
Discovery Museum
Massachusetts State Parks
New England Aquarium
Peabody Essex Museum
Trustees of the Reservations
Zoo New England

MUSEUMS AND EXHIBITS IN LOWELL

The National Park runs various programs seasonally. Visitors are recommended to make reservations for all tours in advance as they can fill up quickly. To make a reservation call 978-970-5000. The website nps.gov/lowell/planyourvisit/hours.htm will have all up to date information on operating hours and other basic information to plan your visit.

American Textile Museum

491 Dutton St.

Phone: 978-441-0400

Admission is free. Visitors discover a colorful segment of U.S. history in the ongoing exhibition, "Textiles in America," which draws on the Museum's unparalleled collection of textiles and decorative arts, tools, machinery, and workplace artifacts to show how people lived, dressed and worked from the 18th century through the 20th.



COMMUNITY RESOURCE MANUAL

Lowell National Historical Park

246 Market St.
Phone: 978-970-5000

Handicapped Accessible in most areas. Open to all ages. Limited free parking available. From March to November, a trolley ride is available between sites free of charge. Several walking tours available free of charge. The Visitor Center is the starting point for all tours. Visit the Children's Corner available as a self-guided tour during regular Visitor Center hours. Slide presentations given every 1/2 hour. Please call for up to date hours.

Boott Cotton Mills Museum 115

John St.
Phone: 978-970-5000

See operating power looms, use interactive exhibits & learn about the Industrial Revolution and the rise, fall & rebirth of Lowell. Please call for up to date hours and admission fees.

Mill Girls & Immigrants Exhibit 40

French St.
Phone: 978-970-5000

Admission is free. Tells the human story of the industrial revolution. Please check for up to date operating hours.

Boarding House Park

40 French St.
<https://lowellsummermusic.org>
Phone: 978-970-5200

Boarding House Park is a lush, grassy park located in downtown Lowell. It serves as an outdoor music venue that plays host to the Lowell Summer Music Series and the Lowell Folk Festival each summer. There are no reserved seating areas in the park and concert seating is typically general admission, with blankets and beach chairs welcomed. Rain information is posted on the website.

Summer Children's Series @ Boarding House Park

<https://lowellsummermusic.org/free-fun-for-kids>

All shows are Free! Crafts, Snacks, Performances & Trolley rides. Check the website for up-to-date information.

Lowell Heritage State Park

160 Pawtucket Blvd.
www.mass.gov/dcr/forparks.htm
Phone: 978-458-8750

Over two miles of landscaped esplanade, summer concerts & swimming & boating in the Merrimack River are additional attractions at this popular park.

New England Quilt Museum

18 Shattuck St.
Phone: 978-452-4207

Four exhibits during the season. Check the website for up-to-date hours of operation and admission fees. Today's visitors can explore exhibits about Lowell's role in America's industrial history presented in conjunction with Lowell's National Historical Park



COMMUNITY RESOURCE MANUAL

OUTDOOR SPACES

LOWELL-DRACUT TYNGSBORO STATE FOREST

TROTTHING PARK ROAD, LOWELL
<https://www.mass.gov/locations/lowell-dracut-tyngsboro-state-forest>
Phone: 978-369-6312

NOT HANDICAPPED ACCESSIBLE. Located in three towns, this forest contains 1,140 acres of ponds, swamps, and wetlands. It is the probable site of a Native American village prior to colonial settlement and later was acquired to obtain granite for canals and factory foundations. The forest has six miles of trails offering hiking, bicycling, horseback riding, cross-country skiing, and snowmobiling. Hunting is permitted in season. Park also has a boat ramp, fishing and permits non-motorized boating.

Umass Lowell Kayak Center
500 Pawtucket Blvd. Lowell, MA
kayakcenter@uml.edu
Phone: 978-995-2362

The Umass Lowell Kayak Center is open to the public as well as the Umass community. We offer rentals, instruction, tours, and fun with Kayaks, canoes and stand-up paddleboards. Check the website for up to date visitor information.

Great Brook Farm

948 Lowell St., Carlisle, MA
<https://www.mass.gov/locations/great-brook-farm-state-park>
Phone: 978-369-6312

The Farm and buildings at Great Brook Farm comprise a classic eastern Massachusetts agricultural landscape. The arrangement of open fields, sturdy walls, diversified woodlands and historic structures are significant images of our agricultural past. Visitor's center, pavilion & indoor restrooms. Picnic tables provide shade relief under the pavilion and overlook a butterfly garden, During the winter months, cross-country skiing is available (for a fee) and one trail is lantern lit for a "moonlight" experience on Tues. & Thurs. evenings! Ski rentals are available. The park is home to the first robotic milking system in Massachusetts, installed in a state-of-the-art "smart" barn. Please contact the park office for additional information on tours of the new dairy facility.

FARMS/FOOD PRODUCTION

Mill City Grows

650 Suffolk St. Suite G10, Lowell, MA
info@millcitygrows.org
Phone: 978-455-2620

At the heart of the Mill City Grows is our Urban Farm Program, which produces all the seasonal fruits and vegetables we make available to the community. We use organic practices and work side-by-side with community volunteers to grow fresh food for our Mobile Market, education classes, and local emergency food providers. Our urban farms host educational classes for youth, community groups, and volunteers throughout the growing season.



COMMUNITY RESOURCE MANUAL

Parlee's Farm

95 Farwell Road, Tyngsboro

<https://parleefarms.com>

Phone: 978-649-3854

Located on 93 beautiful acres near the Merrimack River in Tyngsboro, Massachusetts. Parlee Farms offers the finest fruits, vegetables and flowers. We offer pick your own apples, blueberries, cherries, cut flowers, peaches, pumpkins, and strawberries. Please check the website for the harvest schedule. Annie's Animal Barns have over 90 young animals to feed and pet-baby goats, sheep, chickens, and bunnies. Mary's Country kitchen offers tasty treats related to each picking season, as well as a great selection of ice cream. For the young farmers there is a tractor training course and a hay play maze.

ZOO AND ANIMAL EXHIBITS

The Butterfly Place at Pavilion Park

120 Tyngsboro Road, Westford, MA

www.butterflyplace-ma.com

Phone: 978-392-0955

Handicapped accessible. At any given time, the atrium may contain up to 500 butterflies representing as many as 50 different species from around the world. Best to go on sunny days. To really enjoy the butterflies, plan to spend at least an hour.

Davis Farmland & Mega Maze

Redstone Hill Road.

Sterling, MA

www.davisfarmland.com

Phone: 978-422-MOOO(6666)

Davis Farmland is home to the nation's largest exhibit of endangered farm animals. A 7-generation family farm. Davis Farmland is home to such species as the rare Jacob sheep and the critical San Clemente Goat. Discovery exhibits are developmentally appropriate for children ages 2-8. Included are admissions to the Imagine-Acres, the Safari Hayride, Adventureland and the water spray-ground! Week day events include bottle feeding, egg collecting and more. Picnic area, on-site cafe, ice cream and playground available. Apple & pumpkin picking begins in September - reduced price for apples with paid admission. Special events most weekends. A separate attraction, the "Mega Maze" operates across the street. The "Mega Maze" opens in August and is a giant maze cut into a cornfield. Maze is designed by world class designer Adrian Fischer. Appropriate for ages 4 and up. Call (978)462-8888 for more information. Website has daily updates.

COMMUNITY RESOURCE MANUAL

Franklin Park Zoo

One Franklin Park Road, Boston, MA

www.zoonewengland.com

Phone: 617-541-LION

Handicapped accessible. Visit "Kalahari Kingdom", "Serengeti Crossing", the "Tropical Forest", "Franklin Farm", the "Outback Trail", "Tiger Tales", or "Giraffe Savannah". Picnic areas available. For more information on special events call 617-541-LION, select option 3. An AZA accredited zoo.

Stone Zoo

149 Pond Street, Stoneham, MA

www.zoonewengland.com

Phone: 781-438-5100

Handicapped Accessible. Zoo highlights include snow leopards, jaguars, Treasures of the Sierra Madre, Yukon Creek, the Touchable Barnyard, Grey Wolf exhibit and the Black Bears exhibit. Picnics allowed in designated areas. For more information on special events call 617-541-LION, select option 3. An AZA accredited zoo. Annual Zoo-lights display runs the month of December.

ONLINE RESOURCE

HEALTH

Behavioral Health Services: <https://www.lchealth.org/patients/connect-services/behavioral-health-services>

Boston Children's Hospital: <https://www.childrenshospital.org/community-health>

Bridgewell Counseling Services:

<https://bridgewell.org/behavioral-health-services/outpatient-clinics/bridgewell-counseling-services-lowell/>

Deaf and Hard of Hearing:

<https://www.mass.gov/info-details/specialty-services-for-infantstoddlers-who-are-deaf-or-hard-of-hearing>

Family Violence and Abuse: <https://www.lowell.k12.ma.us/Page/3088>

Healthy Children: <https://healthychildren.org/English/Pages/default.aspx>

Mindful: <https://www.mindful.org/>

National Resource Center For Health and Safety In Child Care and Early Education: <https://nrckids.org/>

<https://www.mass.gov/service-details/children-services>

COMMUNITY RESOURCE MANUAL

EARLY LITERACY

ABC Mouse: <https://www.abcmouse.com/abc/>

First Things first: <https://www.firstthingsfirst.org/>

PBS Kids: <https://pbskids.org/>

Reading Rocket: <https://www.readingrockets.org/>

Sesame Streets in Communities: <https://sesamestreetincommunities.org/>

Zero to Three: <https://www.zerotothree.org/>

PARENTING

Boston Basics: <https://boston.thebasics.org/>

Center for the Developing Child: <https://developingchild.harvard.edu/>

Hand Hold MA: <https://handholdma.org/>

Macaroni Kid: <https://lowell.macaronikid.com/>

Mind in the making: <https://www.mindinthemaking.org/>

Searching resources: <https://mass211.org/>

