



Salad of the Week  
**Thai Sweet Chili  
 Chicken Salad**

Sandwich of the Week  
**Chipotle Chickpea Sub**

Weekly  
 Special:

**Daily Serves**  
 MYO Salads and Bowls  
 Grab and go Salads  
 Grab and go Parfait

Chicken Patty  
 Hamburger/Cheeseburger, Veggie Burger  
 Pizza Station

**Menus are subject to change.**

**Powering potential.**



**aramark**  
 STUDENT  
 NUTRITION



**April 2024**

**LOWELL HIGH SCHOOL  
 LUNCH MENU**

**Week 1: April 1-5**

**MONDAY**

Chili Garlic Popcorn Chicken Lo Mein  
 Chili Garlic Veg Nugget Lo Mein V

Pretzel and Cheese Platter  
 Hot Italian Melt

Pickled Cucumbers & Waffle Fries  
 Apples & Pears

**WEDNESDAY**

Buffalo Chicken Mac & Cheese  
 Mac and Cheese V

Pretzel & Cheese Platter  
 Green Monstah Pizza

Roasted Broccoli & Carrots LG  
 Bananas & Berry Cup

**FRIDAY**

Drumstick with Corn Muffin

Pretzel & Cheese Platter  
 Fish Tacos

Red Pepper Strips & Side Salad  
 Apples & Bananas

**TUESDAY**

Arroz con Pollo  
 Black Bean & Rice Bowl V

Chocolate Hummus  
 Meatball Sub

Street Corn Salad & Carrots LG  
 Clementines & Apple Sauce

**THURSDAY**

**National Burrito Day!**

**Build Your Own Burrito Bowl**

Chocolate Hummus  
 Nashville Hot Chicken

Celery Sticks & Kale Caesar Salad  
 Pears & Fresh Fruit Cup

All Lunches Must Include

Choice of:  
 Fruits and/or  
 Vegetable

And May Include:  
 1% Low-Fat Milk

This institution is an equal opportunity providers



April 2024

**LOWELL HIGH SCHOOL LUNCH MENU**

Week 2: April 8-12

Weekly Special:

Salad of the Week  
**Summer Berry Salad with Chicken**

Sandwich of the Week  
**Turkey Club Wrap**

**Daily Serves**

- MYO Salads and Bowls
- Grab and go Salads
- Grab and go Parfait
- Chicken Patty
- Hamburger/Cheeseburger, Veggie Burger
- Pizza Station

**Menus are subject to change.**

Powering potential.



**MONDAY**

French Toast Sticks w/ Chicken Sausage  
French Toast Sticks w Veggie Sausage **V**  
**LTO: Fiery Jalapeño Cheddar Burger**

Fruit and Yogurt Platter  
Sausage and Cheese Melt

Tater Tots & Butternut Squash  
Apples and Pears

**WEDNESDAY**

Chicken Parm w/ Penne  
Veggie Nugget Parm w/ Penne **V**

Fruit and Yogurt Platter  
BBQ Chicken Flatbread

Roasted Green Beans & Carrots **LG**  
Bananas & Berry Cups

**FRIDAY**

Chili with Corn Muffin

Fish Po' Boy

Red Pepper Strips & Side Salad  
Apples & Bananas

**TUESDAY**

Beef Taco with Tortilla  
Black Bean Taco **V**

Red Pepper Hummus Platter  
Steak and Cheese Sub

Chickpea Salad & Fiesta Corn  
Oranges & Apple Sauce

**THURSDAY**

Popcorn Chicken w/ Fried Rice  
Veg Nuggets w/ Fried Rice **V**

Red Pepper Hummus Platter  
Chicken Tender Basket with  
Corn Muffin

Broccoli & Carrots **LG**  
Pears & Fresh Fruit Cups

All Lunches Must Include  
Choice of:  
Fruits and/or  
Vegetable  
And May Include:  
1% Low-Fat Milk

This institution is an equal opportunity providers



Salad of the Week  
***Kale Caesar w/ Chicken  
 Salad and Chickpeas***

Sandwich of the Week  
***Chicken Caprese on  
 Ciabatta***

**Weekly  
 Special:**

**Daily Serves**  
 MYO Salads and Bowls  
 Grab and go Salads  
 Grab and go Parfait  
 Chicken Patty  
 Hamburger/Cheeseburger, Veggie Burger  
 Pizza Station

**Menus are subject to change.**

**Powering potential.**



  
**aramark**  
 STUDENT  
 NUTRITION



**April 2024**

**LOWELL HIGH SCHOOL  
 LUNCH MENU**

**Week 4: April 22-26**

**MONDAY**

**Happy Earth Day!!**  
 Chicken or Veggie Ramen

Fruit & Yogurt Platter  
**Rainbow Pizza**

Side Salad **LG** & Green Beans  
 Apples & Pears

**TUESDAY**

Lowell Grande Nachos  
 Chipotle Cheesy Bean Nachos **V**

Chocolate Hummus Platter  
 Meatball Sub

Kickin' Beans & Broccoli  
 Oranges & Apple Sauce

**WEDNESDAY**

Beef Lok Lak with Rice  
 General Roasted Tofu with Rice

Fruit & Yogurt Platter  
 Green Monsta Flatbread **V**

Cucumbers & Carrots **LG**  
 Bananas & Berry Cup

**THURSDAY**

**Harvest of the Month:**  
 Baked Potato Bar with Corn Muffin

Chocolate Hummus Platter  
 Chicken Nugget Basket

Roasted Veggies & Green Beans **LG**  
 Pears & Fresh Fruit Cup

**FRIDAY**

Chicken Wing Bar with a Dinner Roll  
 Vegetable Nugget Bar with Dinner Roll

Fish Tacos

Carrots **LG** & Celery  
 Apples & Bananas

All Lunches Must Include  
 Choice of:  
 Fruits and/or  
 Vegetable  
 And May Include:  
 1% Low-Fat Milk

This institution is an equal opportunity providers



**Weekly Special:**

Sandwich of the Week  
**Moroccan Harissa Wrap**

Salad of the Week  
**Harvest Grain Bowl w/  
Balsamic Vinaigrette**

**Daily Serves**

MYO Salads and Bowls

Grab and go Salads

Grab and go Parfait

Chicken Patty

Hamburger/Cheeseburger, Veggie Burger

Pizza Station

**Menus are subject to change.**

**Powering potential.™**



**April-May 2024**

**LOWELL HIGH SCHOOL LUNCH MENU**

**Week 5: April 29-May 3**

**MONDAY**

Country Chicken Bowl w/ Corn Muffin  
Country Veg Nugget Bowl w/ Corn Muffin V

Red Pepper Hummus Platter  
Turkey and Swiss Melt

Roasted Potatoes & Carrots LG  
Apples & Peaches

**WEDNESDAY**

Penne Bolognese with Breadstick  
Penne with Sauce and Breadstick V

Red Pepper Hummus Platter  
Spicy Chicken Flatbread

Cucumbers & Carrots LG  
Bananas & Berry Cup

**FRIDAY**

General Tso's Chicken w/ Fried Rice  
General Tso's Tofu w/ Fried Rice V

Fish n' Chips

Roasted Chickpeas & Red Peppers  
Apples & Bananas

**TUESDAY**

Soy Ginger Chicken Tacos  
Soy Ginger Tofu Tacos V

Pretzel & Cheese Platter  
Turkey Bahn Mi

Kickin' Beans & Broccoli  
Oranges & Apple Sauce

**THURSDAY**

Pork, Black Bean & Plantain Rice Bowl  
Black Bean and Plantain Rice Bowl V

Pretzel & Cheese Platter  
Chicken Tender Basket

Green Beans & Carrots LG  
Pears & Fresh Fruit Cup

All Lunches Must Include  
Choice of:  
Fruits and/or  
Vegetable  
And May Include:  
1% Low-Fat Milk

This institution is an equal opportunity providers