



Breakfast

MENU

April 2024

K-8 & Middle School & LHS Breakfast Menu

Check out <https://lowellk12ma.nutrislice.com/> for Menu's, Nutrition Education & Monthly Promotions! Questions or concerns please contact foodservices@lowell.k12.ma.us

All Breakfast items are whole grain. Offered Daily: 1 % and Skim Milk and Fresh Fruit All Breakfast is provided free for all students. Menu is subject to change.

Offered Daily(MS/HS): Cereal Bar, Assorted Cereal Bowl, Assorted Muffins, Breakfast Rounds, Benefit Bars, All Day Energy Platters and Bagels with Cream Cheese



This institution is an equal opportunity provider

<p>1 Cinnamon Roll</p> <p>Assorted Cereal Bowl with Graham Cracker</p> <p>Served with Apples & Pears</p>	<p>2 Strawberry Filled Bagel</p> <p>Chocolate Chip Muffin</p> <p>Served with Oranges & Juice</p>	<p>3 Country Chicken Biscuit</p> <p>All Day Energy Plater</p> <p>Served with Strawberries & Clementines</p>	<p>4 Blueberry Mini Waffle</p> <p>UBR Round</p> <p>Served with Fresh Fruit Cup & Juice</p>	<p>5 Egg and Cheese Wake Up Wrap</p> <p>Bagel with Cream Cheese</p> <p>Served with Apples & Bananas</p>
<p>8 Cinnamon Raisin Bagel</p> <p>Assorted Cereal Bowl with Graham Cracker</p> <p>Served with Apples & Pears</p>	<p>9 Sausage, Egg, and Cheese Bagel Sandwich</p> <p>Chocolate Chip Muffin</p> <p>Served with Oranges & Juice</p>	<p>10 Apple Frudel</p> <p>Assorted Cereal Bar with Graham Crackers</p> <p>Served with Strawberries & Clementines</p>	<p>11 Egg and Cheese English Muffin</p> <p>Oatmeal Raisin Breakfast Round</p> <p>Served with Fresh Fruit Cup & Juice</p>	<p>12 Mixed Berry Yogurt Parfait</p> <p>Bagel with Cream Cheese</p> <p>Served with Apples and Bananas</p>
<p>15</p>	<p>16 Spring Vacation!!!</p>			<p>19</p>
<p>22 Pancake on a Stick</p> <p>Assorted Cereal Bowl with Graham Crackers</p> <p>Served with Apples & Pears</p>	<p>23 All Day Energy Platter</p> <p>Chocolate Chip Muffin</p> <p>Served with Oranges & Juice</p>	<p>24 Sausage, Egg, and Cheese Bagel Sandwich</p> <p>Oatmeal Chocolate Chip Betty Crocker Bar with Graham Crackers</p> <p>Served with Strawberries & Clementines</p>	<p>25 Egg and Cheese Wake Up Wrap</p> <p>Nature Valley Breakfast Round</p> <p>Served with Fresh Fruit Cup & Juice</p>	<p>26 Mini Cinni</p> <p>Fruit Smoothie</p> <p>Served with Apples and Bananas</p>
<p>29 Pumpkin Breakfast Bread</p> <p>Assorted Cereal Bowls with Graham Cracker</p> <p>Served with Apples & Pears</p>	<p>30 Egg and Cheese Wake up Wrap</p> <p>Blueberry Muffin</p> <p>Served with Oranges & Juice</p>	<p>1 Powered Sugar Donut</p> <p>Assorted Cereal Bar with Graham Cracker</p> <p>Served with Strawberries & Clementines</p>	<p>2 Bacon, Egg, and Cheese English Muffin</p> <p>Oatmeal Raisin Round</p> <p>Served with Fresh Fruit Cup & Juice</p>	<p>3 Breakfast Smoothie</p> <p>Bagel with Cream Cheese</p> <p>Served with Apples & Bananas</p>