




**Middle School
LUNCH MENU**

This institution is an equal opportunity provider.

| MON | TUES | WED | THURS | FRI |
|---|---|--|--|---|
| Country Chicken Bowl with Corn Muffin 29 Country Veggie Nugget Bowl with Corn Muffin V Omelet with Corn Muffin V Ham Chef Salad with Flatbread LG Italian Sub Carrots LG & Roasted Potatoes Apples & Pears | Soy Ginger Chicken Taco 30 Crispy Chicken Sandwich & Spicy Crispy Chicken Sandwich Bagel Power Pack V Moroccan Harissa Wrap LG Zesty Coleslaw & Broccoli Oranges & Apples | Penne Bolognese with Breadstick Cheese Quesadilla V Ham Chef Salad with Flatbread LG Italian Sub Carrots LG & Cucumbers Bananas & Berry Cup | Black Bean, Pork, Plantain Rice Bowl 2 Hamburger & Cheeseburger Black Bean Burger V Bagel Power Pack V Moroccan Harissa Wrap LG Green Beans & Kickin' Beans Pears & Fresh Fruit Cup | Happy School Lunch Hero Day! Big Mac Pizza Cheese Pizza V Ham Chef Salad with Flatbread LG Italian Sub Side Salad LG & Red Pepper Strips Apples & Oranges |
| Deluxe Chicken Sandwich with our Honey Bee Sauce 6 Hot Dog on a Bun Chicken Caesar Salad with Flatbread LG Turkey and Cheese Sandwich Pickled Cucumbers & Waffle Fries Apples & Pears | National Walking Taco Day! 7 Walking Taco Hamburger & Cheeseburger Black Bean Burger V Chocolate Hummus Platter V Caprese Chicken Platter Street Corn Salad & Carrots LG Clementines & Apples | Buffalo Chicken Mac and Cheese with a Breadstick 8 Crispy Chicken Sandwich Mac and Cheese V Chicken Caesar Salad with Flatbread LG Turkey and Cheese Sandwich Roasted Broccoli & Carrots LG Bananas & Berry Cup | Tasting History: Pastelon 9 with Rice Pizza Crunchers V Chocolate Hummus Platter V Caprese Chicken Platter Celery & Kickin' Beans Pears & Fresh Fruit Cup | Cheese Pizza V 10 Hawaiian Pizza Chicken Caesar Salad with Flatbread LG Turkey and Cheese Sandwich Red Pepper Strips & Side Salad LG Apples & Bananas |
| French Toast Sticks with Chicken Sausage or Vegetarian Sausage 13 Hamburger & Cheeseburger Greek Salad with Flatbread LG V Chicken Salad Sandwich Tater Tots & Butternut Squash Apples & Pears | Beef Taco 14 Crispy Chicken Sandwich Kickin' Bean Taco V Yogurt & Fruit Power Pack V Greek Chicken Wrap Chickpea Salad & Fiesta Corn Oranges & Apples | Chicken Parm with Penne Cheese Quesadilla V 15 Greek Salad with Flatbread LG V Chicken Salad Sandwich Oven Roasted Green Beans & Carrots LG Bananas & Berry Cup | LTO: Tropical Chicken Bowl 16 Chicken Tenders with Corn Muffin Veggie Nuggets with Corn Muffin V Yogurt & Fruit Power Pack V Greek Chicken Wrap Broccoli & Carrots LG Pears & Fresh Fruit Cup | Cheese Pizza V 17 Pepperoni Pizza Greek Salad with Flatbread LG V Chicken Salad Sandwich Red Pepper Strips & Side Salad LG Apples & Bananas |
| Chicken & Vegetable 20 Dumplings with Vegetables Edamame Dumplings with Vegetables V Meatball Sub Kale Chicken Caesar Salad with Flatbread LG Ham and Cheese Sandwich Broccoli & Carrots LG Apple & Pears | Chicken Fajita with Tortilla Wrap 21 Hamburger and Cheeseburgers Black Bean Taco V Pizza Platter Chicken Caesar Wrap Roasted Chickpeas & Cucumbers Clementines & Apples | Shepard's Pie with Corn Muffin 22 HOTM: Fish and 'Chips' with Coleslaw and Corn Muffin Veggie Nuggets with Corn Muffin V Kale Chicken Caesar Salad with Flatbread LG Ham and Cheese Sandwich Corn & Carrots LG Bananas & Berry Cup | Memorial Day Cook Out! 23 BBQ Bacon Burger Bosco Cheese Sticks with Marinara V Pizza Platter Chicken Caesar Wrap Green Beans & Carrots LG Pears & Fresh Fruit Cup | Happy Hamburger Day! 24 Big Mac Pizza Cheese Pizza V Kale Chicken Caesar Salad with Flatbread LG Ham and Cheese Sandwich Red Pepper Strips & Side Salad LG Apples & Bananas |
| No School 27 Memorial Day  | Lowell Grande Nachos 28 Chipotle Cheesy Bean Nachos V Hamburger & Cheeseburgers Pretzel Platter V Turkey BLT Sub Kickin' Beans & Broccoli Oranges & Apples | HOTM: Local Crispy Fish Sandwich with a Corn Muffin 29 Chicken Tenders with a Corn Muffin Veggie Nuggets with a Corn Muffin V Asian Chicken Salad with Flatbread LG Tuna Salad Sandwich on a Roll Carrots LG & Cucumbers Bananas & Berry Cup | Waffles with Chicken Sausage or Vegetarian Sausage V 30 Baked Potato with Corn Muffin Pretzel Platter V Turkey BLT Sub Roasted Veggies & Green Beans Pears & Fresh Fruit Cup | Cheese Pizza V 31 Buffalo Chicken Pizza Asian Chicken Salad with Flatbread LG Tuna Salad Sandwich on a Bulky Roll Roasted Chickpeas & Red Peppers Apples & Bananas |



Breakfast and Lunch are FREE for all students!
 Our menu consists of Whole Grains, Fresh Fruits and Vegetables.
 Students must take a fruit and/or a vegetable with each lunch.
 All meals are served with milk.
 Sunbutter and Jelly Sandwiches and Vegetarian Meals served daily
V=Vegetarian **LG=Locally Grown** **LTO=Limited Time Offer**
HOTM=Harvest of the Month
 Menu is subject to Change