







November 2024

Middle School

LUNCH MENU

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MON	TUES	WED	THURS	FRI
<p>Deluxe Chicken Sandwich 28 with our Honey Bee Sauce Hot Dog with a Bun Chicken Caesar Salad with Flatbread LG Turkey and Cheese Sandwich</p> <p>Pickled Cucumbers & Waffle Fries Apples & Pears</p>	<p>Arroz con Pollo 29 Rainbow Flatbread V</p> <p>Chocolate Hummus Platter V Ham and Cheese Sub LG</p> <p>Street Corn Salad & Carrots LG Clementines & Apples</p>	<p>Lok Lak 30 Chicken Tenders with a Dinner Roll Veggie Nuggets with a Dinner Roll V Chicken Caesar Salad with Flatbread LG Turkey and Cheese Sandwich Roasted Chickpeas & Carrots LG Bananas & Berry Cup</p>	<p>Happy Halloween!! 31 Chili Garlic Popcorn Chicken Lo Mein Pizza Crunchers V Chocolate Hummus Platter V Ham and Cheese Sub LG Celery Sticks & Kale Caesar Salad LG Blood Oranges & Fresh Fruit Cup</p>	<p>Cheese Pizza V 1 Hawaiian Pizza</p> <p>Chicken Caesar Salad with Flatbread LG Turkey and Cheese Sandwich</p> <p>Red Pepper Strips & Side Salad LG Apples & Bananas</p>
<p>LTO: Fall Brunch Plate 4 Hamburgers & Cheeseburgers Greek Salad with a Flatbread V LG Chicken Salad Sandwich on a Bulky Roll</p> <p>Tater Tots & Roasted Butternut Squash LG Apples & Pears</p>	<p>No School Election Day! 5</p> 	<p>Chicken Parmesan with Penn6 Chicken Tamales Chili Cheese Tamales V Greek Salad with a Flatbread LG Chicken Salad Sandwich on a Bulky Roll</p> <p>Roasted Green Beans & Carrots LG Bananas & Berry Cup</p>	<p>General Tso Popcorn 7 Chicken with Fried Rice Chicken Tenders with a Dinner Roll Veggie Nuggets with a Dinner Roll V</p> <p>Yogurt & Fruit Power Pack V Greek Chicken Wrap LG Broccoli & Carrots LG Pears & Fresh Fruit Cup</p>	<p>Cheese Pizza V 8 Street Corn Chorizo Pizza</p> <p>Greek Salad with a Flatbread LG Chicken Salad Sandwich on a Bulky Roll</p> <p>Red Pepper Strips & Side Salad LG Apples & Bananas</p>
<p>No School Veteran's Day! 11</p> 	<p>Mac & Cheese Day! 12 Baked Mac and Cheese V Hamburgers & Cheeseburgers</p> <p>Pizza Platter Chicken Caesar Wrap LG</p> <p>Roasted Chickpeas & Cucumbers Clementines & Apples</p>	<p>Tex Mex Frittata 13 with a Warm Biscuit Vegetarian Nuggets with A Roll V Bosco Cheese Sticks with Marinara Sauce V Kale Chicken Caesar Salad LG Ham and Cheese Sandwich Corn & Carrots LG Bananas & Berry Cup</p>	<p>Wally's Boomin' Nachos 14 Wally's Boomin' Bean Nachos V Fish and Chips with Coleslaw and A Dinner Roll Pizza Platter Chicken Caesar Wrap LG</p> <p>Green Beans & Carrots LG Pears & Fresh Fruit Cup</p>	<p>Cheese Pizza V 15 HOTM: Green Monster Pizza V</p> <p>Kale Chicken Caesar Salad with Flatbread LG Ham & Cheese Sandwich</p> <p>Red Pepper Strips & Side Salad LG Apples & Bananas</p>
<p>Philly Chicken Sub 18 Pizza Crunchers V</p> <p>Asian Chicken Salad with Flatbread LG Tuna Salad Sandwich</p> <p>Side Salad LG & Green Beans Apple & Pears</p>	<p>Lowell Grande Nachos 19 Chipotle Cheesy Bean Nachos V Hamburger & Cheeseburgers</p> <p>Asian Chicken Salad with Flatbread LG Tuna Salad Sandwich Cucumbers & Carrots LG Bananas & Berry Cups</p>	<p>Holiday Meal! 20 Roasted Turkey with Gravy Vegetarian Nuggets V</p> <p>Served with Mashed Potatoes, Stuffing and a Dinner Roll</p> <p>Roasted Butternut Squash LG Baked Apple Crisp</p>	<p>Waffles with 21 Chicken Sausage or Vegetarian Sausage V Loaded Baked Potato with a Dinner Roll Pretzel Platter V Turkey BLT Sub LG Roasted Veggies & Green Beans Pears & Fresh Fruit Cup</p>	<p>Cheese Pizza V 22 Buffalo Chicken Pizza Asian Chicken Salad with Flatbread LG Tuna Salad Sandwich</p> <p>Red Pepper Strips & Roasted Chickpeas Apples & Bananas</p>
<p>Country Chicken Bowl 25 With a Dinner Roll Country Vegetarian Nugget Bowl with a Dinner Roll V Omelet with a Bagel V Ham Chef Salad with Flatbread LG Italian Sub Roasted Potatoes & Carrots LG Apple & Pears</p>	<p>Thanksgiving Day Pizza 26 Cheese Pizza V</p> <p>Bagel Power Pack V Moroccan Harissa Wrap LG</p> <p>Kickin Beans & Fiesta Corn Clementines & Apples</p>	<p>27</p> 	<p>28</p> <p>No School Happy Thanksgiving</p>	<p>29</p> 



Breakfast and Lunch are FREE for all students!
Our menu consists of Whole Grains, Fresh Fruits and Vegetables.
Students must take a fruit and/or vegetable with each lunch.
All meals are served with the option of milk.
Sunbutter and Jelly Sandwiches and Vegetarian Meals served daily. Menus are subject to change.
V=Vegetarian LG=Locally Grown LTO=Limited Time Offer HOTM=Harvest of the Month