




OCTOBER 2024

Elementary Lunch Menu

Breakfast and Lunch are FREE for all students!
Our menu consists of Whole Grains, Fresh Fruits and Vegetables.
Students must take a fruit and/or vegetable with each lunch.
All meals are served with the option of milk.
Sunbutter and Jelly Sandwiches and Vegetarian Meals served daily. Menus are subject to change.
V= Vegetarian LG=Locally Grown LTO= Limited Time Offer
HOTM=Harvest of the Month

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
French Toast Sticks 30 with Chicken Sausage Hamburgers & Cheeseburgers Greek Salad with a Flatbread V LG Chicken Salad Sandwich on a Bulky Roll Tater Tots & Roasted Butternut Squash LG Apples & Peaches	World Vegetarian Day! Kickin' Bean Taco V 1 Beef Taco Crispy Chicken Sandwich Yogurt & Fruit Power Pack V Greek Hummus Wrap V LG Chickpea Salad & Fiesta Corn Clementines & Bananas	National Apple Day! Chicken Parmesan with Penne Cheese Quesadilla V Greek Salad with a Flatbread LG Chicken Salad Sandwich on a Bulky Roll Roasted Green Beans & Carrots LG Apples & Berry Cup 2	General Tso Popcorn Chicken with Fried Rice 3 Chicken Tenders with a Dinner Roll Veggie Nuggets with a Dinner Roll V Yogurt & Fruit Power Pack V Greek Chicken Wrap LG Broccoli & Carrots LG Oranges & Apples	Cheese Pizza V 4 Pepperoni Pizza Greek Salad with a Flatbread LG Chicken Salad Sandwich on a Bulky Roll Red Pepper Strips & Side Salad LG Apples & Bananas
Chicken & Vegetable Dumplings with Veggies 7 Edamame Dumplings with Veggies V Chicken Parm Sub Kale Chicken Caesar Salad with Flatbread LG Ham and Cheese Sandwich Broccoli & Carrots LG Apples & Pears	Chicken Fajita with Tortilla Wrap 8 Hamburgers & Cheeseburgers Black Bean Burger V Pizza Platter Chicken Caesar Wrap LG Roasted Chickpeas & Cucumber Clementines & Apples	Shepherd's Pie with a Dinner Roll 9 Vegetarian Nuggets with A Roll V Fish and Chips with Coleslaw and A Dinner Roll Kale Chicken Caesar Salad LG Ham and Cheese Sandwich Corn & Carrots LG Bananas & Berry Cup	Wally's Boomin' Nachos 10 Wally's Boomin' Bean Nachos V Bosco Cheese Sticks with Marinara V Pizza Platter Chicken Caesar Wrap LG Green Beans & Carrots LG Pears & Fresh Fruit Cup	Sausage Pizza Day! Cheese Pizza V 11 Chicken Sausage Pizza Pizza Platter Chicken Caesar Wrap LG Red Pepper Strips & Side Salad LG Apples & Bananas
No School 14 Indigenous People's Day <hr/> National School Lunch Week! 	Lowell Grande Nachos 15 Chipotle Cheesy Bean Nachos V Crispy Chicken Sandwich Pretzel Platter V Turkey BLT Sub LG Kickin Beans & Corn Clementines & Apples	Buffalo Chicken 16 Mac and Cheese Mac and Cheese V Hamburger & Cheeseburger Asian Chicken Salad with Flatbread LG Tuna Salad Sandwich Cucumbers & Carrots LG Bananas & Berry Cups	LTO: Cheesy Enchilada 17 Chorizo Bake Pizza Crunchers V Pretzel Platter V Turkey BLT Sub LG Roasted Veggies & Green Beans Pears & Fresh Fruit Cup	Cheese Pizza V 18 Buffalo Chicken Pizza Asian Chicken Salad with Flatbread LG Tuna Salad Sandwich Red Pepper Strips & Side Salad LG Apples & Bananas
Country Chicken Bowl with Corn Muffin 21 Country Vegetarian Nugget Bowl with Corn Muffin V Omelet with a Corn Muffin V Ham Chef Salad with Flatbread LG Italian Sub Broccoli & Carrots LG Apple & Peaches	Walking Taco Tuesday! 22 Beef Walking Taco Hamburgers & Cheeseburgers Kickin Bean Taco V Bagel Power Pack V Moroccan Harissa Wrap LG Kickin Beans & Fiesta Corn Clementines & Apples	HOTM: Waffles with 23 Chicken Sausage and Pear Compote Penne Bolognese with a Breadstick Ham Chef Salad with Flatbread LG Italian Sub Cucumbers & Carrots LG Bananas & Berry Cup	Black Bean, Pork, Plantain Rice Bowl 24 Crispy Chicken Sandwich Veggie Nuggets with a Dinner Roll V Bagel Power Pack V Moroccan Harissa Wrap LG Green Beans & Carrots LG Pears & Fresh Fruit Cup	Cheese Pizza V 25 Big Mac Pizza Ham Chef Salad with Flatbread LG Italian Sub Red Pepper Strips & Side Salad LG Apples & Bananas
Deluxe Chicken Sandwich 28 with our Honey Bee Sauce Hot Pretzel Dippers V Chicken Caesar Salad with Flatbread LG Turkey and Cheese Sandwich Pickled Cucumbers & Waffle Fries Apples & Pears	Arroz con Pollo 29 Rainbow Flatbread V Chocolate Hummus Platter V Ham and Cheese Sub LG Street Corn Salad & Carrots LG Clementines & Apples	Lok Lak 30 Chicken Tenders with a Dinner Roll Veggie Nuggets with a Dinner Roll V Chicken Caesar Salad with Flatbread LG Turkey and Cheese Sandwich Roasted Chickpeas & Carrots LG Bananas & Berry Cup	Happy Halloween!! 31 Chili Garlic Popcorn Chicken Lo Mein Pizza Crunchers V Chocolate Hummus Platter V Ham and Cheese Sub LG Celery Sticks & Kale Caesar Salad LG Blood Oranges & Fresh Fruit Cup	Cheese Pizza V 1 Hawaiian Pizza Chicken Caesar Salad with Flatbread LG Turkey and Cheese Sandwich Red Pepper Strips & Side Salad LG Apples & Bananas