



August/September 2025

MIDDLE SCHOOL LUNCH MENU

This institution is an equal opportunity provider. Menus are subject to change.

MON	TUES	WED	THURS	FRI
25 Welcome Back!	26 Turkey Barbacoa Taco Kickin' Bean Taco V Hamburgers & Cheeseburgers Yogurt Dip Platter V Buffalo Chicken Wrap Carrots LG & Fiesta Corn Oranges & Apples	27 Bolognese Pasta Chicken Drumsticks with a Dinner Roll Veggie Nuggets with a Dinner Roll V Spicy Popcorn Chicken Salad with Flatbread LG Italian Sub Broccoli & Carrots LG Bananas & Berry Cup	28 Cheese Pizza V Big Mac Pizza Yogurt Dip Platter V Buffalo Chicken Wrap Roasted Potatoes & Celery Pears & Fresh Fruit Cup	29 No School Labor Day Recess
1 No School Labor Day	2 Arroz con Pollo Bosco Cheese Sticks with Marinara V Bagel Power Pack Ham and Cheese Roll Ups Kickin' Beans & Carrots LG Oranges & Apples	3 Chicken Broccoli Alfredo Pasta Broccoli Alfredo Pasta V Hamburgers & Cheeseburgers Southwest Salad with Tortilla Chips LG V Turkey and Cheese Sandwich Oven Roasted Broccoli & Carrots LG Bananas & Berry Cup	4 Chili Garlic Popcorn Chicken Lo Mein Chili Garlic Veg Nugget Lo Mein V Meatball Sub Bagel Power Pack Ham and Cheese Roll Ups Green Beans & Tater Tots Pears & Fresh Fruit Cup	5 Cheese Pizza V Buffalo Chicken Pizza Southwest Salad with Tortilla Chips LG V Turkey and Cheese Sandwich Red Pepper Strips & Side Salad LG Apples & Bananas
8 French Toast with Chicken Sausage Or Vegetarian Sausage V Hamburgers & Cheeseburgers Greek Salad with Flatbread LG V Chicken Salad Sandwich Tater Tots & Hot Honey Carrot Fries LG Apples & Pears	9 No School Election Day	10 Buffalo Chicken Mac and Cheese Mac and Cheese V Cheese Quesadilla V Greek Salad with Flatbread LG V Chicken Salad Sandwich Broccoli & Oven Roasted Butternut Squash LG Bananas & Berry Cup	11 Loaded Baked Potato with a Dinner Roll Pizza Crunchers V Yogurt & Fruit Power Pack V Greek Chicken Wrap LG Oven Roasted Chickpeas & Carrots LG Local Peaches LG & Fresh Fruit Cup	12 Cheese Pizza V Pepperoni Pizza Greek Salad with Flatbread LG V Chicken Salad Sandwich Red Pepper Strips & Side Salad LG Apples & Bananas
15 Philly Chicken Sub Maple Mini Pancakes with Omelet V Chicken Bacon Ranch Salad with Flatbread LG Ham and Cheese Sandwich Broccoli & Carrots LG Apples & Pears	16 LTO: Fajita Chicken Flatbread Hot Dog Pizza Platter Chicken Caesar Wrap LG Roasted Chickpeas & Cucumbers Oranges & Apples	17 Chicken Parmesan Pasta Fish and Chips with Coleslaw Chicken Bacon Ranch Salad with Flatbread LG Ham and Cheese Sandwich Corn & Roasted Cauliflower Bananas & Berry Cup	18 Black Bean, Pork, and Plantain Rice Bowl Crispy Chicken Sandwich Or Spicy Crispy Chicken Sandwich Pizza Platter Chicken Caesar Wrap LG Green Beans & Carrots LG Pears & Fresh Fruit Cup	19 Cheese Pizza V Chicken Bacon Ranch Pizza Chicken Bacon Ranch Salad with Flatbread LG Ham and Cheese Sandwich Red Pepper Strips & HOTM: Caprese Side Salad LG Apples & Bananas
22 Deluxe Chicken Sandwich with Honey Bee Sauce Pizza Crunchers V Chicken Caesar Salad with Flatbread LG Tuna Salad Sandwich Waffle Fries & Pickled Cucumbers Apples & Pears	23 Lowell Grande Nachos Kickin' Bean Nachos V Ham and Cheese Melt with Sweet Potato Fries Pretzel Platter V Turkey BLT LG Kickin' Beans & Sweet Potato Fries Oranges & Apples	24 Spicy Chicken Pepperoni Pasta Bake Hamburgers & Cheeseburgers Black Bean Burger V Chicken Caesar Salad with Flatbread LG Tuna Salad Sandwich Broccoli & Carrots LG Bananas & Berry Cup	25 Dumpling Day! Chicken & Vegetable Dumplings with Mixed Veggies Waffles with Chicken Sausage or Vegetarian Sausage V Pretzel Platter V Turkey BLT LG Roasted Veggies & Green Beans Pears & Fresh Fruit Cup	26 Cheese Pizza V BBQ Chicken Pizza Chicken Caesar Salad with Flatbread LG Tuna Salad Sandwich Red Pepper Strips & Side Salad LG Apples & Bananas



Breakfast and Lunch are FREE for all students!
Our menu consists of Whole Grains, Fresh Fruits and Vegetables.
Students must take a fruit and/or vegetable with each lunch.
All meals are served with the option of milk.
Sunbutter and Jelly Sandwiches and Vegetarian Meals served daily.
Please inform food service staff if you have a food allergy.
V= Vegetarian LG=Locally Grown LTO= Limited Time Offer
HOTM=Harvest of the Month