

Breakfast MENU

August / September 2022
Cardinal / Riverside / Laura Lee /
LeBlanc / Molloy / Moody /
Washington / Adie Day School
Breakfast Menu

Check out <https://lowellk12ma.nutrislice.com/> for Menu's, Nutrition Education & Monthly Promotions! Questions or concerns please contact foodservices@lowell.k12.ma.us

All Breakfast items are whole grain. Offered Daily: 1 % and Skim Milk and Fresh Fruit All Breakfast is provided free for all students. Menu is subject to change.

29 WELCOME BACK	30 HAVE A GREAT YEAR!	31 Sausage, Egg and Cheese Bagel Sandwich Assorted Cereal Bowl with Graham Cracker Served with Apple and Milk	1 Blueberry Waffle with Maple Syrup Nature Valley Oatmeal Round Served with Orange and Milk	2 LABOR DAY RECESS NO SCHOOL
5 LABOR DAY NO SCHOOL	6 PRIMARY ELECTION NO SCHOOL	7 Sausage, Egg and Cheese Bagel Sandwich Assorted Cereal Bowl with Graham Cracker Served with Orange and Milk	8 Blueberry Waffle with Maple Syrup Nature Valley Oatmeal Round Served with Juice, Pear and Milk	9 Bagel with Cream Cheese Assorted Cereal Bar with Graham Cracker Served with Banana and Milk
12 Breakfast Cheese Pizza Bagel Cranberry, Orange Oatmeal Round Served with Apple and Milk	13 Blueberry Muffin Benefit Bar Served with Orange and Milk	14 Cinnamon Sugar Donut Assorted Cereal Bowl with Graham Cracker Served with Juice, Pear and Milk	15 Blueberry Waffle with Maple Syrup Nature Valley Oatmeal Round Served with Banana and Milk	16 Bagel with Cream Cheese Assorted Cereal Bar with Graham Cracker Served with Apple and Milk
19 Warm Banana Bread Oatmeal Raisin Round Served with Orange and Milk	20 Double Chocolate Chip Muffin Benefit Bar Served with Juice, Pear and Milk	21 Bacon, Egg and Cheese Bagel Sandwich Assorted Cereal Bowl with Graham Cracker Served with Banana and Milk	22 Blueberry Waffle with Maple Syrup Nature Valley Oatmeal Round Served with Apple and Milk	23 Bagel with Cream Cheese Assorted Cereal Bar with Graham Cracker Served with Orange and Milk
26 Breakfast Sausage Pizza Bagel Cranberry, Orange Oatmeal Round Served with Juice, Pear and Milk	27 Blueberry Muffin Benefit Bar Served with Banana and Milk	28 Cinnamon Sugar Donut Assorted Cereal Bowl with Graham Cracker Served with Apple and Milk	29 Blueberry Waffle with Maple Syrup Nature Valley Oatmeal Round Served with Orange and Milk	30 Bagel with Cream Cheese Assorted Cereal Bar with Graham Cracker Served with Juice, Pear and Milk