



# Adie Weekly News

Week of 4/22-4/26

## Dates to Remember

2024

# April

| Sunday | Monday         | Tuesday   | Wednesday                       | Thursday       | Friday         | Saturday |
|--------|----------------|---|---------------------------------|----------------|----------------|----------|
|        | 1              | 2<br>Autism Awareness day  | 3<br>Weekly early release 1:30  | 4              | 5              | 6        |
| 7      | 8              | 9   | 10<br>Weekly early release 1:30 | 11             | 12             | 13       |
| 14     | 15<br>VACATION | 16<br>VACATION  | 17<br>VACATION                  | 18<br>VACATION | 19<br>VACATION | 20       |
| 21     | 22             | 23  | 24<br>Weekly early release 1:30 | 25             | 26             | 27       |
| 28     | 29             | 30  |                                 |                |                |          |

## Pictures from around the program...



## Parent/Family Resources

### Core Vocabulary Words

Staff/students in the program focus on particular core vocabulary words each month. See below for a list of activities provided by our Speech Language Pathologists for parents to use at home to support the core words the students are learning. This month's core words...*"open"* and *"put"*.

**Core word: put**  
**Daily Opportunities to Model**

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| <p><b>Getting Dressed</b><br/>When you are getting ready to go outside, you can remind your child of what they need to wear before they head out (e.g. "put on hat", "put on gloves", "put on necklace").</p> <p><b>Dress Up Game</b><br/>You can play dress-up with your child and take turns telling each other what to put on (e.g. put on pink dress, put on hat).</p> <p><b>Stickers</b><br/>When your child gets a sticker, you can model "put on" before you put the sticker on their hand or a piece of paper.</p> <p><b>Puzzles</b><br/>When you are working on a puzzle together, you can model "put here" when the puzzle piece fits. You can also model "do not put here" when the puzzle piece does not fit in the spot.</p> <p><b>Play-doh</b><br/>When you are pressing play-doh colors and colors into the play-doh, you can model "put on".</p> <p><b>Book Suggestions</b></p> <ul style="list-style-type: none"> <li>- A Fish Out of Water by Helen Palmer</li> <li>- Are You My Mother? by P.D. Eastman</li> <li>- Five Little Monkeys Jumping on the Bed by Ellen Christoble</li> <li>- If You Gave a Cat a Cupcake by Laura Runnertoff</li> <li>- If You Gave a Pig a Party by Laura Runnertoff</li> <li>- Put Me in the Zoo by Robert Lopshire</li> <li>- Tricky Treats by Andrew Zimmern and David Clemahart</li> <li>- Warning: Do Not Open This Book! by Adam Lehrhaupt</li> </ul> | <p><b>Clean Up</b><br/>When you are cleaning up toys, you can model "put away" as you place the toys in their appropriate sections. You can also model "put that here" "put that on" or "put that in" while you put the toys away.</p> <p><b>Food</b><br/>For certain foods, you can model "put some on" (e.g. sandwich, salad, toppings/cheese on pizza, maple syrup).</p> <p><b>Painting</b><br/>If you are painting with your child, you can model "put in" when you are dipping your paintbrush in the water to clean off the brush.</p> <p><b>Drinks</b><br/>You can put a small amount of juice in their cup, model "put more in" and then add more juice.</p> <p><b>Blocks/Lego</b><br/>If you are building together, you can model "put it here" and then add the block to the spot you pointed to.</p> | <p><b>Straws</b><br/>You can model "put in" before you put the straw in a juice box.</p> <p><b>Hockey Puck</b><br/>You can sing the hockey puck song and model "put" when you are putting soap on your hands.</p> <p><b>Washing Hands</b><br/>When you are getting ready to go outside, you can model "put on sunscreen" after your child takes a bath, you can model "put on lotion" and then put the lotion on them.</p> <p><b>Refrigerator/Cupboard</b><br/>You can model "open" before you open the refrigerator or cupboard to get food or a drink.</p> <p><b>Books</b><br/>You can model "open" when you open a book to the first page. If there are flaps in the book, you can model "open" before you open the flap.</p> |
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Other Examples

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**Core word: open**  
**Daily Opportunities to Model**

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| <p><b>Container</b><br/>Place your child's snack in a clear container that they can't open themselves. Let them try to open the container, and when they are unable to, model "open" and then help them open the container.</p> <p><b>Doors</b><br/>When you are using any door, you can model "open" before opening the door. This can also apply to the doors of vehicles.</p> <p><b>Refrigerator/Cupboard</b><br/>You can model "open" before you open the refrigerator or cupboard to get food or a drink.</p> <p><b>Books</b><br/>You can model "open" when you open a book to the first page. If there are flaps in the book, you can model "open" before you open the flap.</p> | <p><b>Jars/Canned Food</b><br/>If your child is struggling to open a jar of food (i.e. jam, peanut butter, beans, etc.) you can model "open" and then open the container.</p> <p><b>Packaged Snacks</b><br/>If your child has packaged snacks, you can model "open" before helping them open their snack.</p> <p><b>Peek-a-boo</b><br/>When playing peek-a-boo with your child, one parent can cover their eyes. When the other parent models "open", the first parent can open their eyes and make a silly face.</p> <p><b>Laptop</b><br/>Have the laptop closed and then model "open" and then open the laptop to watch their favorite television or to play a game.</p> | <p><b>Windows</b><br/>You can model "open" before opening windows around your home.</p> <p><b>Waterbottle</b><br/>You can model "open" before you open your child's waterbottle.</p> <p><b>Lunchbag</b><br/>You can model "open" before your student opens their lunchbag at school to eat their lunch. You can also do this at home when your child opens their lunchbag to give you the used containers in their bag.</p> |
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Other Examples

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Pics of this



Umass Lowell is offering a Special Olympics track and field training program. See below for details.

Please cut & paste- here to sign up

<https://www.specialolympicsma.org/program/2024-spring-umass-lowell-track-and-field>

or use QR code on flyer below:

**SPECIAL OLYMPICS TRACK AND FIELD STARTING MAY 5TH**

**Special Olympics Massachusetts**  **UMASS LOWELL** 

**SUNDAYS FROM 10:00-11:30AM AT UMASS LOWELL**

This team will be a training only track and field team for individuals with intellectual disabilities aged 8+, all ability levels are welcome! Registration is on a first come, first served basis. UMass Lowell students will serve as volunteers for this program

**SCAN HERE**



**TO REGISTER**

Contact [ops@specialolympicsma.org](mailto:ops@specialolympicsma.org) if you have any questions

[Link to register](#)



# ALL- ABILITIES ADVENTURES

**Accessible Recreation  
In & Around Lowell**



[Accessible Recreation in and around Lowell](#)

[Adie School Website](#)

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**Christine Adams**

Christine is using Smore to create beautiful newsletters