



## WORK SHOPS

Parenting Together offers various workshops throughout the year.

### Topics include:

- Self-care
- Substance Abuse
- Understanding IEPs
- Preparing for Back to School



**Who We Are:** NFI Massachusetts has joined forces with Wayside Youth and Families through The Department of Mental Health to provide support to families free of charge.

### Group Facilitators

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### Program Supervisor

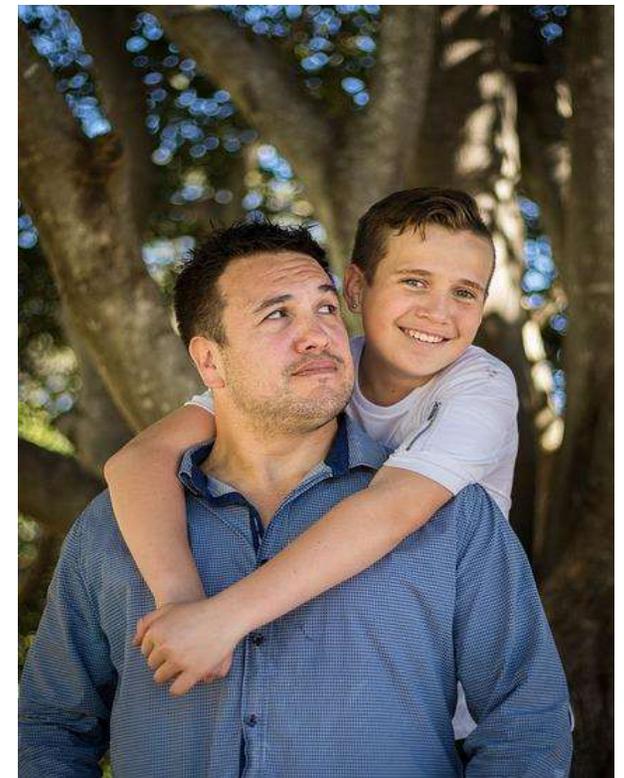
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**NFI**  
**Massachusetts**  
**Parenting**  
**Together Online**  
**Support Groups**



NFI Massachusetts  
Parenting Together Online  
Support Groups

*Join us and get  
connected*

# Group Descriptions

## Parent/Caregiver Group

This group is open to any Parent or Caregiver that is facing the challenges associated with parenting a child with significant needs. Parents do not need to be referred by a provider. This support group is a safe place to ask questions or just vent. If group facilitators don't have the answer they will get it for you.

## Adoption Support Group

Families with children in any stage of the adoption process are welcome to attend. Topics are based on the needs of the group.

## Father's Support Group

A group for Fathers to be able to engage with other fathers that have challenges or face struggles in parenting or co-parenting their children.

## Grandparents Raising Grandchildren

This is a group that helps grandparents support each other. In this group, we discuss challenges that you might face and share the joys you have raising your grandchildren.

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*"Don't be shy! No cost for these support groups"*

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## Autism Group

Educating and assuring Resiliency in Our Parenting. This group is design to engage and supporting Parents that are having challenges and meet other parents with same challenges and share resources for Youth in need of other agencies as well.

## ARC: Attachment, Regulation & Competency

Educating and assuring Resiliency in Our Parenting

# Group Schedule

## Monday

10-11 am Grandparents Raising Grandchildren

4-5 pm Grandparents Raising Grandchildren

6-7:30 pm Parent/Caregiver

## Tuesday

10-11:30 am Parent/Caregiver

5-6:00 pm ARC: Attachment, Regulation & Competency

## Wednesday

4-5:00 pm Adoption Support

6-7:30 pm Autism Support

6:30 -8:00 pm Father's Support

## Thursday

6-7:30 pm Parent/Caregiver

# NFI Parenting Together

*presents*



## “Understanding the Rainbow”

Helping caregivers support family members in the  
LGBTQA+ Community.

**Date:** January 24, 2023

**Time:** 6:30 –7:30 pm

**Location:** Gotomeeting

Contact: Suzanne Genovese

978-766-2248

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*Join us!*



# JAN 2023

SUN	MON	TUE	WED	THU	FRI	SAT
01 *Grandparents Raising Grandchildren 10-11am	02	03	04 Parenting Café 3-4pm Carole *Parent/Caregiver Support Group in Spanish 6:00-7:30pm Wanda	05	06	07
08 *Grandparents Raising Grandchildren 10-11am	09 Lifting Woman's Voices 4-5:30 Maddy and Kayla	10 Finance Freedom Workshop 12-2	11 Parenting Café 3-4pm Carole *Parent/Caregiver Support Group in Spanish 6:00-7:30pm Wanda	12	13 Walk-Ins 10-2 Appointment Only	14
15 CLOSED	16	17 *Active Parenting of Teens 4:30- 5:30 Kayla	18 Parenting Café 3-4pm Carole *Parent/Caregiver Support Group in Spanish 6:00-7:30pm Wanda	19	20	21
22 *Grandparents Raising Grandchildren 10-11am Active Parenting 1-4 Audrey	23 Lifting Woman's Voices 4-5:30 Maddy and Kayla	24 *Active Parenting of Teens 4:30- 5:30 Kayla	25 Parenting Café 3-4pm Carole *Parent/Caregiver Support Group in Spanish 6:00-7:30pm Wanda	26 A.T.T.E.N.D.S 11-12 Audrey	27	28
29 *Grandparents Raising Grandchildren 10-11am	30	31 *Active Parenting of Teens 4:30- 5:30 Kayla	01 Parenting Café 3-4pm Carole *Parent/Caregiver Support Group in Spanish 6:00-7:30pm Wanda	02	03	04
05	06	NOTES *=Virtual Prescott St. Lowell, MA 0701				27 978-455-