

7th GRADE NOTIFICATION LETTER

Dear Parent/Guardian,

You may be aware that in the near future your child will have the opportunity to participate in the Healthy Futures Nu-CULTURE relationship education program. A major component of this program is to provide an 8-day presentation to students in middle schools.

If you have a student in the 7th grade, the Nu-CULTURE curriculum includes lessons on the following topics:

- Healthy Relationships
- Emotional Needs
- Puberty
- Anatomy and Reproduction
- Physical and Emotional Risks of Sexual Activity as a Teenager
- Making Informed Choices
- Teenagers and Stress
- Dealing with Peer Pressure
- Assertiveness and Refusal Skills
- Sexual Offenses

Our goal is to support parents by reinforcing the messages that students are hearing at home. Our lessons are age appropriate and medically accurate and are presented in a way that is respectful of your values. We recognize that you are the primary educator of your child when it comes to these sensitive topics and that each family has a unique way of approaching these subjects. For these reasons, we offer resources to parents that are aimed at empowering you to speak openly about these issues.

If you have any further questions about the Nu-CULTURE curriculum or your child's involvement in the program, we would be happy to discuss them with you. We want you to feel comfortable with what we teach, and are confident that you will once any concerns you may have are clarified.

Sincerely,

Rhea Gordon
Executive Director
Healthy Futures

Principal/Facilitator



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Please sign below if you **DO NOT** wish for your child to participate. If we do not receive this form back from you, we will assume your child has permission to participate in this program.

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I do not wish to have my son/daughter _____ participate
Name of son/daughter

in the Healthy Futures Nu-CULTURE program.

Parent/Guardian signature