



**CITY OF LOWELL  
HEALTH DEPARTMENT  
SCHOOL HEALTH UNIT**

Hello Pawtucketville Parents and/or Guardians!

Just wanted to send out a friendly reminder since the cold/flu season is quickly approaching.

If your child has the following symptoms, he or she must stay at home to prevent spreading of illness to other students as well as staff members. I will send your child home if he or she comes to school sick.

- A contagious illness like strep throat until the child has been on antibiotics for 24 hours
- A rash or skin condition not diagnosed by a healthcare provider
- A fever that causes chills, sweating or muscle aches
- Temperature over 100.0F within the past 24 hours (can return when fever-free for 24 hours without the aid of fever reducing medications such as Tylenol or Motrin)
- Vomiting or diarrhea within 24 hours
- Red or pink eyes, drainage from the eyes (can return the day after treatment begins)
- Head lice
- Have been notified by the school nurse/health department that immunizations are not up to date. (Exclusion notice is given after the 3<sup>rd</sup> warning).

Please remember that the best way to prevent the spread of infection is good handwashing.

If you have any questions, please feel free to call or email me.

*Soranny Lim-Sam BSN, RN*

*School Nurse*

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