

The Wind Blows

“The Wind Blows” may ease the fears of younger children who are anxious about starting their first day of school. It's also a fun interactive activity that gets people moving and competing. Arrange the room with chairs in an inward facing circle and have everyone sit in a chair. There should be one less chair than Participants. One participant stands in the middle of the circle and says the phrase “The wind blows if...” and fill in the statement with a characteristic that students may have in common. The characteristic may be physical or abstract. Any student that identifies with that particular characteristic must stand up and quickly move to a different chair before there are no chairs left. Students cannot move to the chair immediately to their left or right. Whoever is left standing without a chair is now the new person in the middle making the new statement. The game can last as long as the group wants.

Examples of characteristic phrases

1. The wind blows if....you have black sneakers on.
2. The wind blows if...if you have on a red shirt.
3. The wind blows...if you have a pet.
4. The wind blows if...if you have a pet

