

## **Icebreaker - Favorite Instrument**

This icebreaker can be used as an introduction or to have people learn more about who is in the room.

1. You will need index cards or small pieces of paper for each participant
2. Instructions:
  - a. Ask Participants: What is your favorite instrument/an instrument you like?
  - b. On the index card write the instrument and five reason why you enjoy the instrument
3. Have participants share out
4. Talking points/debriefing:
  - a. Sociological data states that the description of your instrument speaks to characteristics of who you are
  - b. What do people think about this?