

# Butler At-Home PBIS Guide

## **What is PBIS?**

PBIS stands for Positive Behavior Interventions and Supports. It is a system used in many schools, including the Butler to teach and reward good behavior as well as correct unwanted behavior. This guide will offer some quick and easy PBIS strategies that you can use at home, while doing remote learning and really whenever you think they would be useful.

## **Set a Routine**

Set and keep a daily weekday routine for students to follow. There is an excellent example of a schedule for elementary and middle school students on page 3 of the “Supporting Families with PBIS” pdf. Any schedule should include a set time to work, some exercise and breaks.

## **Set Expectations**

The Butler has three expectations: Be Respectful, Be Responsible and Be Safe. For each environment in the school we post how students can follow these expectations. Consider using these expectations at home. What does being respectful, responsible and safe look like while doing remote learning? You can even use these expectations for non-school settings like mealtime or bedtime. The attached PDF has some examples of what this could look like.

## **Teach Wanted Behaviors**

Remote learning is new to all of us and most students won't know what good remote learning looks like, so we need to teach them. This is also going to vary from home to home. Maybe good remote learning is sitting at a desk or a kitchen table for an hour and doing as much as you can. More information can be found on pg. 5 of the PDF

## **Remind of Wanted Behaviors**

It is helpful to remind students of the behavior you'd like to see before it's expected. For example, before students start remote learning you may want to say something like “Remember, while we're doing work we keep our phones away and avoid distracting websites like YouTube.” More information can be found of pg. 5 of the PDF.

## **Reward Wanted Behaviors**

It would be helpful to come up with a system to reward students who follow your expectations. Praise is easy to give and students love hearing they're doing a great job! You could give them a piece of candy or a video game break after every completed assignment. More information can be found of pg. 5 of the PDF.

## **Reteach and Correct Unwanted Behavior**

If students are not following your expected behavior, you probably want to reteach what you expect first. Remind students of the correct behavior and reset. If the behavior continues you

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may need to provide a consequence but if the student corrects their behavior remember to provide praise or a reward! More information can be found of pg. 5 of the PDF

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